



Message From The President



Summer has finally arrived! After a long and wet spring, I am sure that all of us are looking forward to summer, enjoying the outdoors, spending time with family and friends or just relaxing on your front porches or decks.

In May, I attended the APSAN National Conference in Indianapolis. The conference provided a wonderful opportunity to attend numerous educational sessions on current topics which effect our practice as perianesthesia nurses. It can be energizing to have a chance to ask questions and network with others who are having the same experiences. I feel that this is one of the invaluable opportunities of attending conferences.

In the exhibition hall, vendors displayed new and improved equipment as well as new medications that could aid in improving the quality of care we can provide to our patients. There were also many posters on display from our fellow ASPAN members from across the country. Yet another opportunity to find out how others have found, either through research or trials, new solutions to some of our common challenges.

National conference also provides ways to become involved in shaping the direction of our organization. The ASPAN board of directors were on hand throughout the conference to listen to member concerns and bring those concerns forward to committees and the board. Regional directors held meetings which gave members of that specific region an opportunity to discuss concerns that effect their area of the country.

Attending any conference is more than just receiving education credits, it is a place to network with your colleagues and to make a personal connection with those who serve on the boards and committees that help to shape our component, region and national organization.

I highly encourage each and every member to take advantage of the educational opportunities that your membership in NYSPANA provides for you. I also encourage members to become involved by volunteering to help organize meetings, local and state conferences. Please visit our website NYSPANA.net for additional information or send an email to nyspans@gmail.com.

Respectfully Submitted,

Bronwyn Ship, BSN, RN, CPAN

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Mission Statement

The New York State Perianesthesia Nurses Association advances nursing practice through education, research and standards



Board Members



PRESIDENT:

Bronwyn Ship, BSN, RN, CPAN
W: 585.396.6274
www.nyspana@gmail.com

VICE PRESIDENT/PRES ELECT:

Barbara Ochampaugh, BSN, RN, CPAN
www.nyspana@gmail.com

SECRETARY:

Sandra Price, MS, RN, CAPA
www.nyspana@gmail.com

RESEARCH CHAIR:

Sherri Feiroh, MSN, RN, CAPA
www.nyspana@gmail.com

NOMINATING CHAIR:

OPEN

TREASURER:

Susan Alati, BSN, RN, CAPA
www.nyspana@gmail.com

GOVERNMENTAL AFFAIRS:

Pamela Germinaro, BSN, RN
www.nyspana@gmail.com

IM. PAST PRESIDENT:

Barbara Ochampaugh, BSN, RN, CPAN
www.nyspana@gmail.com

<http://www.nyspana.net>



Vice President's Report

Belated Nurses' Week greeting. Hopefully your institution had recognition for all you do in caring for patients. Florence Nightingales' teaching and philosophies still guide many of our practices today. Caring, fresh air, and germ theory are part of our daily practice.

National conference was a very busy time for Bronwyn Ship and me. We networked and made acquaintance with colleagues from across the state at first timers orientation and component night. We meet many new faces from NY city, Buffalo and Rochester. I renewed acquaintances from Saranac Lake and Watertown. We urged everyone to visit our web site, NYSPANA.net or [.com](http://www.nyspana.com). We encouraged the NY city nurses to contact Trina Mills to help with state conference. State conference is in NY City October 21st. We asked if they received our Blasts. Many said no. If you use your work email, the Blast goes to the junk mail file. We encourage everyone to use your home email. We do not use your email other than to send NYSPANA business. If you move, be sure to change your address with ASPAN. This is where we obtain your information.

We received recognition for 35 years as an ASPAN component. Our state historically has been active in ASPAN, we produced 3 ASPAN presidents: Lisa Jeran, Maureen Iacono and Sandra Barnes. Joni Brady, a founding member from Albany was ASPAN secretary and now heads the International committee, Maryann Corolla, past YSPANA president and district president, was a region director. Judy Levesque and Kathy Morgans-Perry were founding leaders in district 10 and are still active in developing programs for the district. Maureen Iacono is still active in ASPAN and writes a column in JOPAN. She was the closing speaker for the National conference this year. We spoke at length about getting Syracuse strong again. Next year the state conference is in Syracuse. Come on Syracuse... make your district shine! Wanda Rodriguez, past NYSPANA president is active on many committees at National. Sloan Kettering had many research posters at National. Lisa Murphy, Jill Setaro, and Eric Bachman are active on National committees and are members of NYSPANA. We have won Gold Leaf twice and Shining Star numerous times. Our newsletter has won awards as well. What history do you know and wish to share about NYSPANA?

This is an election year. The state and districts are struggling to find members willing to be an officer. The roles are not difficult or time consuming. The networking and collegiality is invaluable. Bronwyn and I are exchanging positions again, Sue Alati will run as treasurer. Our new Research Chair is Sherry Fieroh and Pamela Germinaro is our new Governmental Affair Chair. Be brave, take a chance, become an officer.

Respectfully Submitted,

Barbara Ochampaugh, BSN, RN, CPAN

NYSPANA Contact Address

Bronwyn Ship, BSN, RN, CPAN ● 4620 North Road ● Canandaigua, New York 14424



Did You Know?



Our journal (JOPAN) is now available on line. Members can download the app for free and read the articles on your computer, tablet or phone. For those interested in research, there is a link to Joanna Briggs Institute which can be a great resource to the beginning of any research project. There are scholarships available to members who are interested in continuing their nursing education or for becoming CAPA/CPAN certified.

BRONWYN

ASPAN Conferences



April 29–May 02, 2018
Anaheim, California

May 05–May 09, 2019
Nashville, Tennessee

April 26 –April 30, 2020
Denver, Colorado



I ♥ Summer

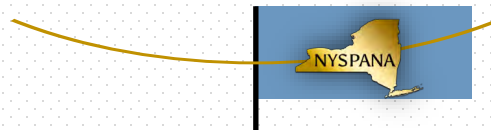


Financial Report

Money Market Savings: \$ 22,245

Checking: \$ 30,769

Investment Account: \$ 17,797



thank you...

Joan Roach, RN

has resigned as District 13 President.
Thank you for your dedication to District 13

Sally Sackett, BSN, RN, CAPA
has resigned as District 14 President.
Thank you for your dedication to District 14

Sandra Price, MS, RN, CAPA
has resigned as District 14 Secretary.
Thank you for your dedication to District 14

NYSPANA Website

www.nyspana.net

Website Administrator: Bronwyn Ship

Website Co-Editors: Susan Alati • Sandra Price

Website Developer: Carrie Falzone • C: 585.329.8313 | carrie@verticalinsite.com



Like all of us attending the national conference, I always look forward to seeing what is new and upcoming in our field. This year there was plenty to hear about from our peers across the country and the world. Some of the more interesting research projects presented includes:

■ A comparison of iPad use and Versed administration in preop pediatric patients was done by nurses from Cook Children's Medical Center. They found children who used the iPad had less anxiety, lower levels of emergence delirium and quicker discharge times.

■ Development of a protocol for screening postop patients at risk for Post Operative Urinary Retention by nurses in Ann Arbor, Michigan led to a shorter length of stay and decreased the number of patients who required catheterization.

■ Perianesthesia nurses in the Philippines used a mixed qualitative-quantitative approach to identify themes and create a Model of Practice and Standards to guide nurses working in this specialty area.

■ To help us understand and overcome barriers that nurses face in getting actively involved with research; Kathryn McCarragher and her colleagues at New England Baptist Hospital in Boston studied nurses in the Perianesthesia setting. As a result of their findings, they were able to implement monthly case reviews, create a journal site, and implement a partnership with a local college of nursing. These efforts resulted in new nursing research proposals at their facility.

It is always energizing to see all the ways nursing research is being used to help us become evidenced-based in our practice. Not only is original research important but there is a need for replication studies to verify the findings of others. At the conference, Elizabeth Card, ASPAN's Director of Research, reminded us that every good research project starts with a burning clinical question. Don't we all have at least one of those a day? Remember, if you are a member of NYSPANA and are undertaking a research project that will contribute to advancing Perianesthesia nursing knowledge, grant money is available to support your efforts. Complete information is available on NYSPANA's web page under Membership/Forms.


Lastly, one theme that was everywhere at the conference was Enhanced Recovery After Surgery [ERAS] This multimodal approach seeks to attenuate the stress of surgery and expedite recovery. It started out focusing on colon surgeries, but is now being embraced by many different surgical services. Multiple presentations explored its implementation by teams composed of nurses, physicians and anesthesia professionals. The common goal was improved patient experience and outcomes. With the current pressure to decrease length of stay and readmissions it was well worth considering developing protocols in the Perianesthesia setting. If you are interested in learning more here is a good overview article:

Enhanced Recovery After Surgery: If You Are Not Implementing it, Why Not? <https://med.virginia.edu/ginutrition/wp-content/uploads/sites/199/2014/06/Parrish-April-2016.pdf>

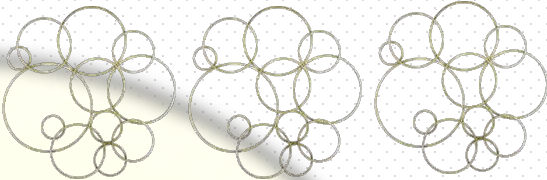
Respectfully Submitted, **Sherry Fieroh, MSN, RN, CAPA**




Debbie Fracassi, MS, RN-BC, Perioperative Service Educator
at Sawgrass Surgical Center, Rochester NY applied and
received NYSPANA educational funding scholarship of \$250.




District 13
 Syracuse/Binghamton area
 is in need of a secretary and treasurer.
 They are also looking for anyone
 interested in helping with the 2018 state
 conference planning committee.
 Christine Angiolillo,
 district president is the contact person.






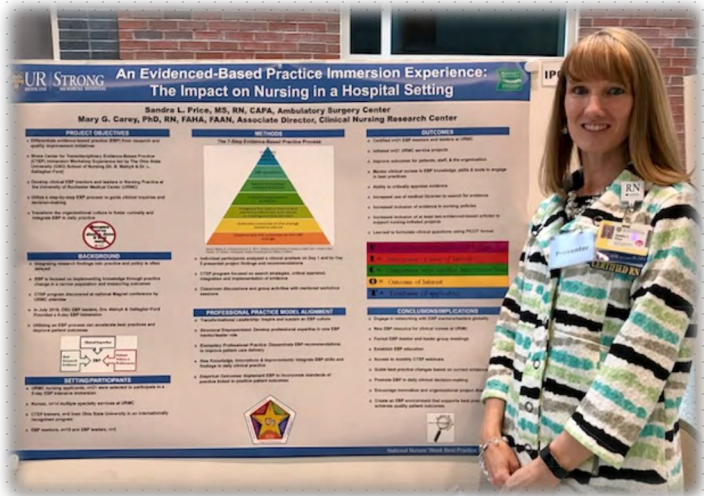
District 6
 New York City area is in need for a
 secretary and treasurer.
 Tina Mills, district president is
 the contact person.



District 14
 Rochester/Buffalo area is looking
 for a president.
 Bronwyn Ship, NYSPANA president
 is the contact person



 Check the information for "Willingness to Serve"
 @ www.nyspana.net.
 Go to membership and download application under "forms".
 The administrative guideline manual also has job descriptions.



Sandra Price, MS, RN, CAPA [NYSPANA secretary]
 presented:
 “An Evidence Based Practice Immersion Experience:
 The Impact on Nursing in a Hospital Setting”
 for National Nurses’ Week 2017
 at the University of Rochester.

Filled



New Research Chair

Sherry Fieroh, MSN, RN, CAPA

District 10 Member

Open NYSPANA
Board Position



Nominating Chair

If Interested email NYSPANA

NYSPANA@gmail.com

Filled



Governmental Affairs Chair

Pamela Germinaro, BSN, RN

District One Member



Kathleen Pecoraro, MSN, RN, CPAN
has resigned as NYSPANA's
Evidence Based Practice & Nursing Research Chair

Caitlin Brion, BS, RN-BC
has resigned as NYSPANA's
Governmental Affairs Chair

Regina Rivers, RN, CAPA, CPAN
has resigned as NYSPANA's
Nominating Chair

THANK
You
SO VERY
much
For Volunteering
And, your dedication

Summer/Fall 2017 Seminar Series

Perianesthesia Certification Review
Date: Saturday, November 18, 2017
Location: The Desmond Hotel & Conference Center
660 Albany Shaker Road, Albany, NY 12211

www.aspan.org for complete program information and registration



Succession Planning

Amy L Dooley, MS, RN, CPAN

Region 4 Director

Welcome Spring to all ASPAN members! This is the time of year we look forward to the summer with all the planning for vacations. As your Region 4 Director I want to say a hearty hello to all.

After attending many meetings of our regional members and hearing from component Presidents during our Region 4 meetings it is clear to me that succession planning is a current and important topic to many. We all struggle with finding new board members and qualified candidates to successfully lead our components.

Succession planning is more than just finding someone to fill a board position. Actually according to the BusinessDirectory.com, Succession planning is the "Identification and development of potential successors for key positions in an organization, through a systematic evaluation process and training. Unlike replacement planning (which grades an individual solely on the basis of his or her past performance) succession planning is largely predictive in judging an individual for a position he or she might never have been in."(1). Accordingly, the component Board of Directors needs to be focused on planning throughout the year, not just at nomination time.

There are several key elements to achieve success with your planning. One such key is to not expect a future board member to be "ready now". By limiting the choices to potential board members that you feel are "ready", is doing a disservice to your board and your members. Consider the strength of the current board and be ready to assist this new board member with the transition to the role. Invite them to consider joining as you support them until they are ready to function independently. An experienced board can function quite well as you bring this new person on board.

The succession plan needs to be a responsibility of the whole board and not just the position whose term is coming to a close. There should be vibrant and continual discussions at every board meeting about planning for the next step with board members. If you recall the business directory definition succession planning is a process that, similar to your Gold Leaf

plan, you should make a template to address future needs. Have it as an agenda item at every board meeting.

It is important not to "recycle" the board members. The mindset that this worked in the past should be discounted as an option. Define the skill sets for the positions and post this information. Open the search to all your members and most importantly COMMUNICATE that a position is available. Transparency as we have heard from ASPAN is so very important to your component members. Be open to the opportunity of a new member inquiring and share information so they may make a good decision.

You might be wondering where potential members come from. The first obvious choice is the member that volunteers. At each conference the Willingness to Participate forms should be out on the registration table for anyone to fill out. The attendees at conferences are a potential candidate because by their action of attending they demonstrate commitment to the profession. Perhaps a colleague you know is passionate about perianesthesia nursing and would be an asset to the Board of Directors.

Once a potential candidate is identified the courting begins. One cannot expect an immediate agreement to join the Board if a member has not considered it before. Time involvement, requirements of the job, expectations, and obligations are some of the facts necessary before a commitment can be made. Introduction to board members and invitations to attend a board meeting are one way to begin the discernment process. A phone call or one on one conversation with a board member offers a personal touch for gaining that knowledge. Perhaps draw in a member by asking for participation on a committee or one activity. This provides a finite length of time with a finite job and can introduce them to the activities of the Board. A potential candidate may find that the commitment for serving is not overwhelming and is actually fun.

(continued page 8)

Succession Planning (continued from Page 7)

Allelulia! Two members have offered or accepted the offer to run for a BOD position. Succession planning does not end there. Once elected the BOD has a huge responsibility to assist this new board member feel comfortable in their new role. The steps that have been set up begin with a daylong retreat which introduces them to the Strategic Plan, the budget process, and policy & procedure update. A handover should occur between the previous board member in that position and the newly elected member. The roles and responsibilities, along with any paperwork, are shared. An orientation checklist is helpful to review all points of the organization. One way of making a new board member feel welcome is to have a Welcome Booklet which gives an overview of the BOD roles, meetings, and nice to know tidbits.

Once the full board meets for the retreat the process begins all over again. Succession planning occurs within many scenarios. Think about membership within committees at your work, is there a succession plan to identify who will take your place? Perhaps you are on a board of directors for another organization, is your succession plan in place? Once you are elected into a position you should start looking for your replacement. Succession planning is a key function of all members of the Board of Directors. Start your planning now!

(1) <http://www.businessdictionary.com/definition/succession-planning.html#ixzz36AniCs6D> accessed June 20, 2016.



NYSPANA Ballot

Please check the ballot or write in a candidate.

Ballot can be mailed, faxed or scan and emailed to me.

Barb Ochampaugh ● 6 Wilkins Ave ● Albany NY 12205

barbochampaugh@gmail.com

fax 518.525-.611 Attention: Barb Ochampaugh

Vice President: Bronwyn Ship _____

Write In: _____

Treasurer: Sue Alati _____

Write In: _____

Nominating Chair: Write In _____

Up to Par Submissions

Please send all of your articles of interest, district news, events and photos to NYSPANA newsletter Editor for the November newsletter edition of **Up To Par** by Oct 01, 2017.

www.nyspana@gmail.com

District 6 News

Perianesthesia Nurses near and far, NYC will be hosting the annual NYSPANA state Conference on Saturday, October 21, 2017 at NYP-Columbia Medical Center, 177 Fort Washington Ave New York, NY 10032. Get ready for dynamic speakers, vendors and a fun filled event! A detailed brochure with registration information, hotel accommodations, speakers, and topics will be posted on the NYSPANA.net website by June 30th.

District-6 hosted an ASPAN Seminar on February 25th, 2017, Surrounding Your Practice with Excellence: Legal Issues, Standards and Advocacy at the Double Tree Hilton -Times square. There were 45 attendees present. Please feel free to email me any future ASPAN Seminars you are interested in.



Trina

District 14 News

District 14 annual spring educational offering was held at F.F. Thompson Hospital on May 24, 2017. Christopher Scibelli, MD presented Endovascular Aneurysm Repair Surgery [EARS]. There were 25 attendees who enjoyed the educational offering. They received a one hour certificate of attendance, light dinner and district updates.

The district election results were also announced that evening: President - unfortunately there were no nominations for President. The District is seeking a member to accept this position. If interested contact Bronwyn Ship for details. Debra Farmer, RN, CAPA accepted the Secretary position, welcome Debra. Thank you Sandy Price, MS, RN, CAPA for your work over the past several years as Secretary. We thank all those who voted and the entire board is looking forward to the upcoming year.

The district is preparing for our fall educational offerings. Watch for email notifications.

I would like to thank all District 14 Board members, district members, NYSPANA State Board members, and all of you who I have had the privilege of working, networking, socializing, and becoming close friends with during my years in the perianesthesia arena. I will never forget what I have learned from all of you so that I can care for each patient with respect and dignity. As my career path has taken me in a new direction, I know that each and every first week in February, I will reflect and cherish the memories of NYSPANA.

To each and every one of you, it has been my pleasure serving you.

Sally
District 14 Past President



District 10 News

Elections were held at the Glens Falls meeting. The results are Dan Elinskas as president and Maggie Tierney as Vice President. Congratulations to both. Thank you, Margie Horner for running as well. Sandy Lowery and Cheryl Barnes are only going to be active as treasurer and secretary for one more year. If you are interested in learning these roles please contact Dan at NYSPANA@gmail.com.

I wish to thank Shari DuGuay and Deb Kwacz for their leadership these past few years. You were a great team and produced many great programs for the district. I thank our program coordinators at the various hospitals: Kathy Morgans-Perry, Carole Delaporta, and Peggy Cross for their help. If you wish to help or have ideas for programs, please contact our new district president, Dan at NYSPANA@gmail.com.

We welcome our new district members from the closing of District 9. Our District now includes all of the following counties: Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington.

Barb



District 8 News

On March 25, 2017, NYSPANA District 8 held a conference. I would like to acknowledge my team for all the time and effort that they put into making this conference an outstanding success: Carol Cramer, Mary Ann Servidio and Kathy Pecoraro.

We held what we called an old fashioned conference. Do to our excellent relationship with our chosen venue, The Hyatt House in Fishkill, NY, we were able to provide breakfast, lunch and a snack as well as handouts in the price of the conference.

When we began planning our conference, we expected about 35 attendees and hoped for 50. What we got far exceeded our expectations. We had 110 attendees and had to turn away at least 25 applicants, we had a waiting list. We had attendees from all over NY, NJ and CT. Hyatt House gave room discounts to people on our attendance list.

The offerings of our conference were: ERAS-Enhanced Recovery After Surgery; Perioperative Management of Orthopedic Patients; Perioperative Screening; Retirement: Will You Be Ready?; Anticoagulants & the Importance of Drug Timing and Malignant Hyperthermia.

Our vendors provided baskets for door prizes instead of vendor fees. Our winners were Marilyn Cockren, Claire Doxford, Rebecca Imbornoni, Rosanne Neudeck, Seung Hyun Oh, Nicole Starzee, Debbie Statler and Francesca Viola. We held a 50/50 raffle with \$250 split between Healing the Children and Rett Syndrome research.

In the spirit of giving back to our attendees, everyone received a \$20 scholarship which most promptly used with our vendors. We also gave out 10 \$100 scholarships picked from our attendance list. Our winners are: Deidre Carney, Kathleen Doyle, Suzanne Gain, Eileen Harding, Alice Joseph, Joanne Leven, Maureen Meaney, Christen, Parker, Chedita C. Salvador and Prema Thompson. The conference got rave reviews.

I would like to acknowledge the accomplishments of our District members. If you or a colleague achieve a certification or win a nursing award, please email me at pamwarner@hotmail.com

Also, I would like to encourage my District 8 colleagues who are not currently certified to consider taking the plunge.

We look forward to hosting an ASPAN conference in the Fall. More information to follow.

Pam



District 1 News

On April 8th District One had our Annual Spring Conference at Molloy College in Rockville Center.

The event was well attended.

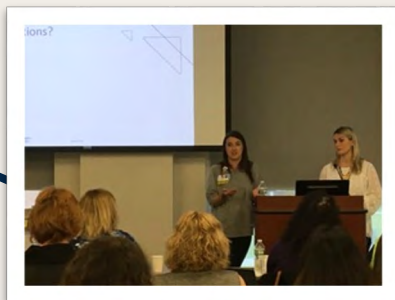
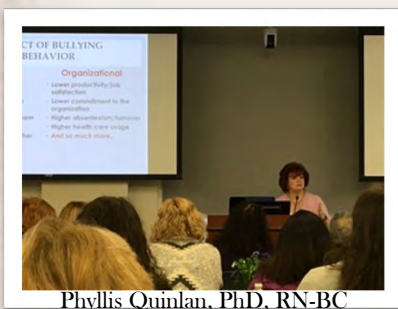
One of the speakers was Phyllis Quinlan, PhD, RN-BC who is a personal and career coach. She has been featured in the National Health Career Networks "Take Charge of Your Nursing Career" Webcast Series. She has been a keynote speaker across the country. Her presentation was excellent and very well received.

Many Baskets were donated by those who attended which were raffled off. All the proceeds, \$500.00, were donated to NURSES HOUSE, an organization that assists nurses in need.

District One believes in returning funds back to our members and over \$1,000.00 was returned to our members in the form of Scholarships during the conference.

We will be having our Fall Conference this year on November 11th 2017 at John T. Mather Memorial Hospital in Port Jefferson.

The District would like to extend our best wishes to our newest members of NYSPANA District One. In addition to the new board members of District 10 & 13.



Tina



Board of Directors: Spring Meeting



Latham, NY

March 25-26,
2017

Left to Right: Bronwyn Ship, Tina Stoebe, Sandy Price, Barb O'Champaugh & Trina Mills

Caring and Self Care

Barb Ochampaugh, RN, BSN, CPAN

Are Caring and self-care still a part of your nursing practice. Or are they lost under our technology age? Are we so focused on computer data, monitors and IV pumps that we forget that there is a patient in the bed who is frightened and possibly in pain? DO we stop to hold a hand, smile and say, hello I am and I will be your nurse today? These are powerful words. Nursing is one of the most trusted professions year after year in polls.

Vicki Lachman (2012) from the *Free Dictionary 2002*, defines caring as a feeling and exhibiting concern and empathy for others, showing or having compassion. Caring is both a feeling and an action.

Jean Watson a well know nurse theorist, has three elements in her theory, caritive factors, transpersonal caring relationships, and the caring moments. Caritive factors are honoring our nursing practice and the people we serve. The helping nature of our work. Nurse are self-aware of our caring relationship with our patients, we are aware of our judgements. WE are aware of the spirit within us and our patients. We recognize the uniqueness of each individual we care for. Nurse have a moral commitment to make a connection with the patient. Not easy to do with everyone we care for and some of the circumstances where we encounter patients. The final element is the caring moment when we make the connection with our patient. (Watson 2001, Lachman 2012)

Another model for caring is J. Tronto's Moral Boundaries (2001). This theory of caring has four elements, attentiveness, responsibility, competence and responsiveness of the care receiver. Does the nurse recognize the patient and family's needs? Is the nurse attentive to the patient and know the real life situation? DO you have a no pass zone, where lights are answered as you walk past a room? DO you do hourly rounds on

the pre-post patients in ambulatory care? Does the manger make rounds on the patients? These strategies help the patient feel cared for and not neglected.

Are you competent to care for your patient population? Do you read journals, attend in-services or conferences? Are you certified? Do you keep yourself updated on the changes in your nursing practice? As nurses, we are committed to lifelong learning. It is in the ANA Code of Ethics. We learned this in nursing school.

In our Code of Ethics, "the nurse respects the worth, dignity and rights of all human beings irrespective of the nature of their health problem". (ANA 2001). Not always easy to do. Simple words, hello, I am , I will be your nurse today is a powerful statement to our patients as we hold their hand and smile.

Self-care, do you practice it. As you drive into work do you listen to soothing music. As you walk from the car to the building do you look and appreciate nature around you. As you enter the building do you leave home at the door? Do you revere this as you leave the building? Do you take time to eat healthy, exercise or a take a walk? A simple exercise to do anywhere is to breathe. Find a quite spot, take a slow breath in, feel the abdomen expand, slowly let the breath out. Repeat as necessary. It calms the mind and fills the lungs with good air. Another is to breathe in to the word re-lax. By saying the word in your mind as you breath in and out, your mind will relax.

Again, the question is? Is caring a lost art? Is it part of your practice? Do you practice self-care? The hope is yes to these questions.

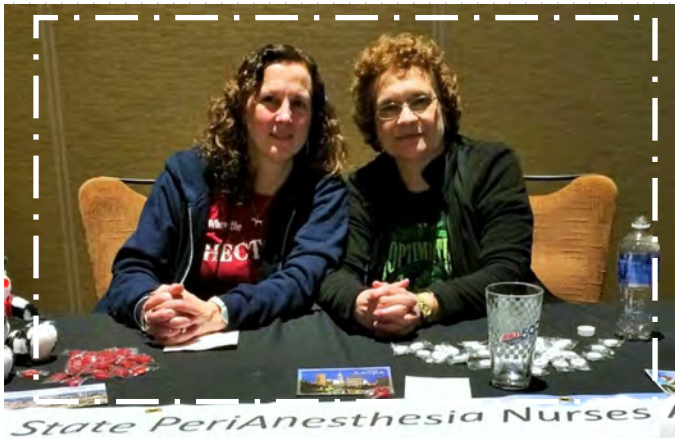
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- Laachman,V.D. (March-April 2012). *Applying the ethics of care to your nursing practice*. *Medsurg Nursing*, 21: 2. 112-115.

NYSPANA Editor

Chris Deitrick ● www.nyspana@gmail.com

ASPAN National Meeting



NYSPANA President Bronwyn Ship and VP, Barbara Ochampaugh



NYSPANA President
Bronwyn Ship receives
Recognition Award
for NYSPANA's 35 years of service
as an ASPAN Component

Congratulations

Sandra Price, MS, RN, CAPA, Senior Level III,
Strong Memorial Hospital Surgical Center won the
2017 Excellence in Clinical Practice Award
at ASPAN National Conference

Debbie Fracassi, MS, RN-BC, Perioperative Service Educator
Sawgrass Surgical Center, Rochester NY presented
*"Does Mandatory Nursing Education on Malignant Hyperthermia
Enhance Nursing Knowledge and Lead to Positive Patient Outcomes?"*
at ASPAN National Conference



Constant Contact

Constant contact is used by NYSPANA for news flashes. If your district is planning an event, let us know and we can help you market it. If you find you are not receiving constant contacts, you may need to: check with ASPAN to make sure they have your correct email and check your junk mail. Please let me know how I can better assist you and your district.

Contact me at: CVL54@hotmail.com with any questions, concerns or educational offerings.

2017 National ASPAN Conference: Energizing Generations; The Race to Extinction

Debbie Fracassi, MS, RN-BC
Perioperative Service Nurse Educator/NPD Specialist
University of Rochester, Rochester New York

The conference was awesome, there were so many great topics that it was hard to choose which ones to attend. Indianapolis was a great city with a great deal to do within walking distance. Let me start by saying that the keynote speaker, Marcus Engel, was the most powerful, motivational speaker that I have ever had the privilege to hear. Listening to his story of being a trauma patient, including his journey to accept his fate and long term recovery along with all the special nurses that touched and helped him “heal” was astounding and amazing. He brought tears to many in the room with his endurance of suffering stories, while still providing humor and extreme praise for nurses. I do encourage everyone to read his book “I am Here”. I will share his message of having human presence when caring for patients with as many nurses that will listen. His story help nurses recognize the impact we have on every human soul that we care for.

Initially I went to the conference to present a poster “Does Mandatory Nursing Education on Malignant Hyperthermia Enhance Nursing Knowledge and Lead to Positive Patient Outcomes?” However, I took away so much more including knowledge (there were at least 200

posters), new friendships and networking with colleagues across the country.

Other topics presented at the conference included enhanced recovery protocols, embracing and orienting new grad into perianesthesia with success, cross-training, and reviews on managing not so common postoperative complication.

I encourage anyone who has the opportunity to attend a national conference. It energizes you as a nurse and allows for reflection and life-long learning so that you may pass it on to the next generation of nurses.



*New District board members for Districts 10, 13 & 14
Thanks for Volunteering*

District 10 New President:
Dan Elinskas, RN, MSN, CAPA, CPAN
Nurse Manager PAU/PreOp/PAT
Glens Falls Hospital

District 10 New Vice President
Maggie Tierney, BSN, RN, CPAN
PACU nurse Glens Falls Hospital

District 13 New President:
Christine Angiolillo RN, CPAN
PACU Coordinator
St. Joseph’s Hospital

District 14 New Secretary
Debra Farmer, RN, CAPA
Rochester General Hospital

Congratulations

District 8 Members

On May 18th Cassandra Way, BSN, RN, CPAN
was named one of the
Nurses of the Year 2017.

This award was presented by
Senator Terence Murphy of New York [District 40]

&

Michelle Sama, BSN, RN and now CAPA
[Received her CAPA certification]

Board of Directors: Summer Meeting

The board held its first “Virtual” meeting on June 24th (conference call). All Board members participated including some new members: Sherry Fieroh [Research Chair, District 10]; Pamela Germinaro [Governmental Affairs Chair, District One]; Dan Elinskas [President, District 10, Albany]; and Christine Angiolillo [President, District 13, Syracuse].

The State Conference planning is progressing well for October 21, 2017 in New York City. Look for the flyers mid to late July. And, a reminder will be sent out via Constant Contact when the flyer is available.

Our new NYSPANA scholarship program was discussed. The information and application form is found on the NYSPANA website and a blast will be sent out to members. Each member is entitled to a total of \$250.00 every two years to be used for conference fees and/or certification fees.

Several conferences are being offered throughout the state in the upcoming months. The NYSPANA website will be updated shortly.

NYSPANA’s next board meeting is scheduled for Friday, October 20, 2017 at the APBANC headquarters in New York City.

Respectfully Submitted,

Bronwyn Ship, BSN, RN, CPAN

Why Virtual Meetings?

- Eliminates Travel
- More Convenient
- Saves Time and Money
- Reduces Travel Stress
- Stay where you Work
- Have Ready Access to Resources
- Virtual Space is a Neutral Space

NYSPANA District Officers*

District 8

Westchester, Rockland
Dutchess, Putnam

PRESIDENT

Pam Werner, RN, RNC, CAPA
C: 845. 279.9365
pamwerner@hotmail.com

VICE PRESIDENT

Doreen Dozier, MHA, RN, CAPA

SECRETARY

MaryAnn Servidio, MSN, RN-BC,
CPAN, CAPA

TREASURER

Carol Cramer, MSN, RN-BC,
CPAN, CAPA

District 1 Long Island

PRESIDENT

Tina Stoebe, MS, RN, CPAN
C: 631.835.8917
W: 631.476.2729
ts77838690.1more01@gmail.com

VICE PRESIDENT

Irene Healy, RN, CAPA

SECRETARY

Diane Sambo, MS, RN

TREASURER

Christine Molinari, BSN, RN

District 6 New York City

PRESIDENT

Trina Mills, MS, RN
C: 914. 562.9231
Trm9024@nyp.org

VICE PRESIDENT

Maureen Roman, BSN, RN,
CCRN, LNC

SECRETARY } Positions
TREASURER } Open

District 14 Rochester

PRESIDENT

Positions Open

VICE PRESIDENT

Position Open

SECRETARY

Debra Farmer, RN, CAPA

TREASURER

Kathi Peers, BSN, RN, CAPA

NOMINATING CHAIR

Kari Alicea-Santiago, BSN, RN, CAPA

District 10 Albany

PRESIDENT

Dan Elinskas, RN, MSN, CAPA, CPAN
C: 347.409.3252
W: 518.926.6504
delinskas@glensfallshosp.org

VICE PRESIDENT

Maggie Tierney, BSN, RN, CPAN

SECRETARY

Cheryl Barnes, RN, CPAN

TREASURER

Sandy Lowery, RN, CPAN

District 13 Syracuse

PRESIDENT

Christine Angiolillo, RN, CPAN
C: 315.726.9436
Christine.angiolillo@sjhsyr.org

VICE PRESIDENT

SECRETARY
TREASURER

} Positions
Open

Know your District

- [District 1] Nassau/Suffolk
- [District 6] New York City (All Boroughs)
- [District 8] Delaware, Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
- [District 10] Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington
- [District 13] Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence, Tioga
- [District 14] Allegheny, Cattaraugus, Chautauqua, Chemung, Erie, Genesee, Livingston, Monroe, Niagara, Ontario, Orleans, Schuyler, Seneca, Steuben, Thompsonkins, Wayne, Wyoming, Yates

Jean Roach is past president Syracuse

* Any changes/updates in District Officers may be emailed to Bronwyn Ship: www.nyspana@gmail.com