



Message From The President



NYSPANA is an award-winning component of ASPAN. We have been recognized for Gold Leaf, Up to Par newsletter and Shining Star awards. Sandra Price from University of Rochester Medical Center is our NYSPANA Treasurer and received the ASPAN Excellence in Clinical Practice award for 2017. We have produced three ASPAN presidents: Maureen Iacono, Lisa Jeran and Sandra Barnes. Members serve on many committees at ASPAN, including Research. Maryanne Corolla was a past

Region 4 Director.

As we begin another year in NYSPANA, we welcome two new presidents to the Board. Dan Elinskas from District 10 and Christine Angiolillo from District 13. Every District needs help in leadership and planning for perianesthesia programs. Without the support of our 834 members, the Board and Districts cannot continue to provide members educational programs and networking opportunities. This past year, we consolidated District 9 into the Syracuse, Rochester and Albany Districts. It was necessary due to the lack of members willing to serve on the local District Board. Take a few moments and reflect where you may be able to assist the organization.

Sue Alati, our State Treasurer had to resign for health reasons. The Board wishes her well on her journey to wellness. Sandy Price has assumed the dual role of Treasurer, as well as Interim Secretary. We are looking for an interested member to join the Board in the role of Secretary. The job entails attending two Board meetings a year, keeping the NYSPANA records and maintaining correspondence with members. The successor will be supported and mentored in any of the vacant positions within the State and local Districts.

The 2017 NYSPANA State Conference was held in New York City this past fall, 21st Century Nursing, Endless Possibilities. Thank you, Trina Mills the President of District 6, for a well thought out and successful conference. Everyone enjoyed the speakers, site seeing and networking. By attending conferences, both at the state and national level, opportunities to renew friendships and connect with colleagues to exchange ideas and problems await. The 2018 State Conference will be held in Syracuse on November 10th. We hope you will consider attending...more information to come at www.nyspana.net.

Our Newsletter editor, Chris Deitrick will be retiring in the next year. We are seeking a talented, motivated individual, who would like to create an informative newsletter for our NYSPANA members.

Respectfully Submitted, **Barbara Ochampaugh, BSN, RN, CPAN**

Mission Statement

The New York State Perianesthesia Nurses Association advances nursing practice through education, research and standards

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Board Members



PRESIDENT:

Barbara Ochampaugh, BSN, RN, CPAN
www.nyspana@gmail.com

VICE PRESIDENT/PRES ELECT:

Bronwyn Ship, BSN, RN, CPAN
W: 585.396.6274
www.nyspana@gmail.com

SECRETARY:

Sandra Price, MS, RN, CAPA
www.nyspana@gmail.com

RESEARCH CHAIR:

Sherrri Feiroh, MSN, RN, CAPA
www.nyspana@gmail.com

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TREASURER:

Sandra Price, MS, RN, CAPA
www.nyspana@gmail.com

GOVERNMENTAL AFFAIRS:

Pamela Germinaro, BSN, RN
www.nyspana@gmail.com

IM. PAST PRESIDENT:

www.nyspana@gmail.com
Bronwyn Ship, BSN, RN, CPAN

<http://www.nyspana.net>



Vice President's Report

Happy belated Perianesthesia Nurse's Week. I hope that you all took some time to celebrate everything you contribute to our specialty. We provide a vital service and give a calming influence on those who are in our care during a stressful event in their lives.

I would like to call your attention to the numerous educational opportunities that are coming in the next few months. Please check our website for information on spring seminars and conferences throughout our state. I hope that you will utilize these offerings to expand your knowledge base. Additionally, it is great to opportunity network with fellow perianesthesia nurses from across the state.

Please consider attending the ASPAN National Conference in Anaheim, California on April 29 - May 3. It is not too late to send in your registration. Early bird registration fees are valid through March 18th. It is a great opportunity to listen to expert national speakers and network with nurses from all over the country. The numerous poster presentations provide Best Practice ideas one can be take back to the workplace.

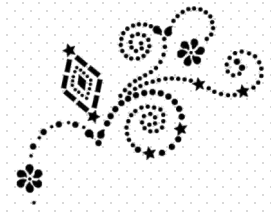
Also, I invite you to become involved with your local district in organizing future educational opportunities. This year our Fall State Conference is held in Syracuse. Watch for more details on our website in the coming month and consider volunteering. NYSPANA is here for you, our members. Please help us make it work for you and your colleagues.

Respectfully Submitted,

Bronwyn Ship, BSN, RN, CPAN



Succession planning is the process for identifying and developing new leaders as experienced leaders resign or retire. At this time, NYSPANA has multiple open positions, including editor for Up to Par. Now is the time to explore one of those NYSPANA positions. This, hopefully, will avoid gaps in providing leadership, information and ensure the strength and continuity of our districts. All positions are voluntary. Each position, except editor, requires you to be a board member and each position requires NYSPANA and ASPAN membership. If you have the inclination to volunteer, to be part of an established association and be a leader; contact a board member. All that is required is a few hours of your time two to three times annually.



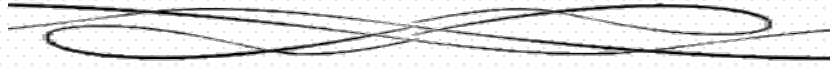
The Board is available at NYSPANA@gmail.com to answer any questions you may have and to discuss opportunities.

NYSPANA Contact Address

Barbara Ochampaugh, BSN, RN, CPAN ● 6 Wilkins Ave ● Albany NY, 12205



NYSPANA Board Meeting was via a Conference Call on Jan. 13, 2018



					
NYSPANA Vice President President Elect	NYSPANA Secretary Nominating Chair	NYSPANA Up to Par Editor	District 6 Treasurer Secretary	District 13 Vice President Secretary Treasurer	District 14 President Vice President

If interested in any open NYSPANA position, District 14 President or other District Officer positions email: NYSPANA@gmail.com.



Up to Par's distribution schedule is changing:

Previously, editions were distributed March, July and November.

New schedule is April, August and December, starting August 2018

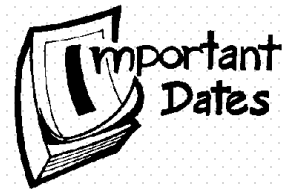
TIP



Storing Protected Health Information Electronically

Portable Media: When using portable media such as CDs, DVDs, USB drives, external hard drives or other portable storage, it is essential that the devices and media be encrypted.

Laptops: Similar to portable media, all laptops that may contain PHI are required to be encrypted



District 10 Conference

April 21st at Saranac Lake

Sherry Fieroh MSN RN CAPA has offered her assistance in arranging speakers and assist with conference

District 13 Conference

2018 NYSPANA State Conference

Saturday, November 10th
Embassy Suites by Hilton
Syracuse Destiny USA

NYSPANA Editor

Chris Deitrick • www.nyspana@gmail.com

Did You Know?



NYSPANA offers Educational and Research Scholarships.

Please visit www.NYSPANA.net for educational funding and research grants opportunities.

Send completed applications to Barbara Ochampaugh, BSN, RN, CPAN
www.nyspana@gmail.com

One Certification reimbursement
and one Re-certification reimbursement
have been granted since Fall 2017

ASPAN Conferences



April 29—May 02, 2018
Anaheim, California

→ See Page 6

May 05—May 09, 2019
Nashville, Tennessee

April 26—30, 2020
Denver, Colorado

April 26 — 29, 2021
Orlando, Florida

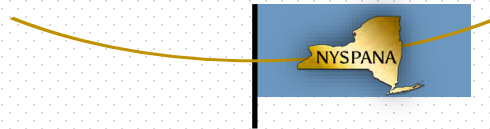


Financial Report

Money Market Savings: \$ 22,248.08

Checking: \$ 42,014.65

Investment Account: \$ 18,200



Constant Contact

NYSPANA subscribes to constant contact to keep you updated between newsletters about various events and opportunities. If your district is having a perianesthesia offering, we can promote it. Email President Barb Ochampaugh who will approve this and let me “blast” the NYPANA members.

I update the membership list every six months. If you are not receiving NYSPANA Blasts, check with ASPAN to assure they have correct email. Also, check your junk mail as this is a mass email to over 800 NYSPANA members.

Any questions: Contact me, CVL54@hotmail.com.

Respectfully Submitted,

Cynthia Veltri Lucieer, BSN, RN, CAPA
CVL54@hotmail.com

NYSPANA Website

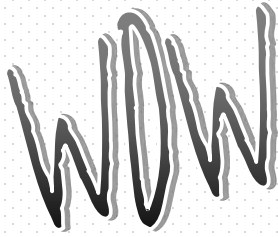
www.nyspana.net

Website Administrator: Bronwyn Ship

Website Editor: Sandra Price

Website Developer: Carrie Falzone • C: 585.329.8313 • carrie@verticalinsite.com





Pamela Germinaro is presenting the poster “Safer Hand-Off in Surgical Services using an Interdepartmental Report Tool” at the ANA conference [March 21-23, 2018, in Orlando, FL]. Additionally, this poster was selected as a best practice by NYONEL [New York Organization of Nurse Executives and Leaders] where Pam will be presenting at a panel discussion.



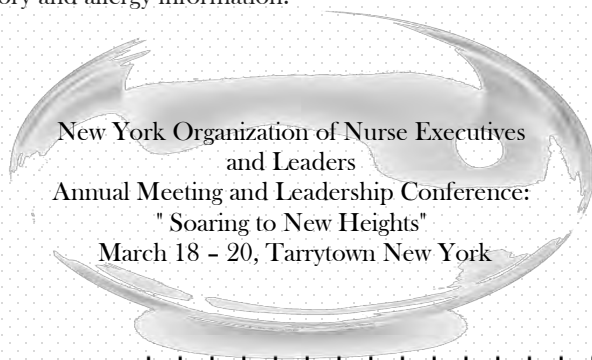
Safer Hand-Off in Surgical Services Using an Interdepartmental Report Tool

Surgical Services is a highly specialized area with rapid movement of patients from one area to another. An interdepartmental bedside report tool was developed by perioperative nurses with the purpose of giving accurate, concise hand-off. Ad lib reports frequently miss pertinent information, are more time consuming, and take longer than succinct organized reports. A report tool that clearly identifies a patient’s history, planned procedure, core measure compliance, and specific intra-op information including complications, improves start times and expedites turnover.

The initial change project was a collaborative process by clinical nurses within the Ambulatory Surgery, Operating Room, and the Post Anesthesia Care Units. The team discussed what are best practices for communication of patient information within each unit, reviewed the literature, and agreed on what patient information is crucial for a safe patient hand-off. The initial report tool was broken into three sections, ASU/OR/PACU. Team members began a trial using the new report tool and passing it off to the nurse in the next area.

After the trial, staff members were given the opportunity to voice concerns as well as any perceived barriers to implementation. The tool was then rolled out with unit champions observing and assisting with report as needed. Ongoing feedback was elicited from the staff and changes to the report tool were made accordingly.

Multiple positive outcomes have been noted since the implementation of the report tool. A patient satisfaction survey question regarding “information on day of surgery”, demonstrated a percentile rankings move from the 58th percentile to greater than the 83rd percentile. On-time starts have markedly improved from 60% to greater than 85%, exceeding the national benchmark of 75%. Improved communication with patients has led to several good catches including undisclosed medical history and allergy information.



Like Us (NYSPANA) on Facebook

Up to Par Submissions

Please send all of your articles of interest, district news, events and photos to NYSPANA newsletter Editor for the August newsletter edition of **Up To Par** by July 01, 2018.

www.nyspana@gmail.com



Good Times....

Amy L Dooley, MS, RN, CPAN
ASPAN Regional 4 Director

Who doesn't like to have a good time? There are some of us that think a quiet night at home is the ultimate good time. Some of us prefer the raucous environment of Times Square. The best part of these two opposites is the good time you'll have if you attend the ASPAN National Conference.

I consider myself a veteran conference attendee as this will be my fifteenth. What is it that keeps me going back? Clearly the education offerings the experts present are great. There is the other portion that provides me an education as well. Meeting, greeting, and socializing with 2800 nurses from around the world gives me a perspective of what is happening in our profession. Imagine getting input of toils and troubles from the attendees. That provides a window of current events that set the tone of pre and post anesthesia. Collecting suggestions, tips, and real world applications to address significant issues within hospitals and free standing surgery centers may bring the "AHA" moment to fix your issue.

My good time rests with all the activities within the ASPAN conference. There is the component night where you can dance, eat, and have fun with component members from all around the USA. The scholarship arm of ASPAN holds several fun events to support the mission of granting scholarships. The fun begins with

the Dream Walk that gets you out to stretch those legs and there is a surprise at the end! The silent auction has great items to bid on and really nice stuff to make you feel good. The final activity of Development is the Breakfast with Chris Price speaking about Paying it Forward. If you've never heard Chris speak you are in for a treat. There are many vendors that have great products to see as well.

There is some work involved in attending the conference. My responsibility is to bring back to my institution and colleagues new knowledge that I gathered. Prior to leaving I ask all my teammates about what hot topics they wish me to inquire about. Some items they have had me ask about is blending units, physician coverage for patients, setting up PCA requirements, and time management to participate in nursing councils. Once I have the list written down, I make a concerted effort to inquire several nurses from different areas of the country to ask about best practice. My colleagues appreciate this piece of the knowledge as they find out that their issues are issues throughout the country and they are not alone.

I highly recommend you try to find your "good times" at the ASPAN National Conference in Anaheim, CA at the end of April into May. It WILL be worth it!

Certified Nurses Day
March 19

ASPAN 37th Annual Conference



For Complete
information
Visit:

<https://www.aspan.org/Events/2018-National-Conference>

New NYSPANA Certification Fall 2017



New York Certification Coach:
Anna Szul, RN, CAPA

22

CPAN



Agudana	Rey Arnel
Barroca	Erin
Bautista	Wilhelmina
Carreira	Jessica
Duque-vady	Crystal
Hilcken	Elizabeth
Kaur	Amandeep
Keys	Kimberly
Kim	Taeri
Marcantonio	Carolyn
Mcquade	Patricia
Mihuta	Kristin
Moreno	Jeffrey
Neary	Ann
Pereira	Rosangela
Salvador	Roslyn
Six	Laurie
Stevens	Scott
Tierney	Annmarie
White	Korrin
Xynidakis	Nektaria
Zerrahn	Billiejoe

Congratulations



CAPA

Cocuzzi	Gianna
Concepcion-arens	Annalisa
Eng	Maureen
Lamendola	Donald
Li	Fengli
Murphy	Kathy
Scozzafava *	Elizabeth

NYSPANA Has 32 RNs
with dual certification *

NYSPANA Has 251 RN's with their CPAN	NYSPANA Has 152 RN's with their CAPA
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CERTIFICATION

Not Yet Certified? Now is Your Time!
Currently Certified? Encourage
a Colleague!





District 1 News

November 2017: We held our annual Fall Conference at Mather Hospital. The event was attended by 80 and the audience was engaged with each of the speakers.

Based on the evaluation the attendees were "TOUCHED" by a presentation on Perinatal Bereavement, a very difficult topic that was presented beautifully by Ms. Steves -- a nurse who is certified in Perinatal Loss.

As always, we held Raffles for our fund-raising effort and thanks to the attendees, one thousand dollars was donated to LONG ISLAND CARES the Harry Chapin Food Bank just in time for Thanksgiving!

Our district believes in giving back to our members, during the conference we distributed: (10) \$100 Scholarships / (1) National Conference Registration / (2) CAPA/CPAN Certificates / (1) District One Conference Registration

Several people from our District are planning on attending the National Conference in April, hope to see you there.

Tina

Tina Stoebe, MS, RN, CPAN



District 14 News

We continued our tradition of donating to the "Open Door Mission" over the holiday.

District 14 hosted our 21st PANAW Conference at Burgundy Basin [Rochester, NY] with over 100 RN's attending.

Topics included: Nursing care of Alzheimer, neurosurgical and special needs patients. A lecture on ethics and surgeon dilemmas was presented.

Congratulations to conference scholarship winners: Christine Perrin, RN, ADN and Jackie Casey, BSN, RN, CPAN.

We had a 50/50 raffle to donate money to InterVol. Ann Sargent, RN won and donated the winnings to InterVol. Way to go! Rosanne Kolb, RN made a beautiful birdbath to raffle. \$80.00 was collected and given to InterVol. In all, we donated \$456.00.

Committee members: Kari Alecia-Santiago, Deb Farmer, Kathi Peers, Judy Sears, and Cindy Veltri Lucieer worked diligently to make this yet another successful year.

We are in need of a president to keep our district going. Please contact Kari Alecia-Santiago at kari-lyn23@yahoo.com.



Judy Sears, Cindy Lucieer, Deb Farmer,

Bronwyn Ship, Kari Alicea-Santiago and Kathy Peers



Cindy

Cynthia Veltri Lucieer, BSN, RN, CAPA

District 13 News

1) Save the date: District 13 is hosting state conference Saturday, November 10th 2018 at Embassy Suites by Hilton, Syracuse Destiny USA.

2) November 19th, 2017 was a legacy celebration for Maureen Iacono, as she retired from St. Joseph's Health Hospital in Syracuse, New York, after many years of dedicated service. Maureen leaves behind a legacy of nurses whom she managed, mentored and taught the love of perianesthesia nursing. Maureen is a former ASPAN president, national lecturer and is currently treasurer of District 13 NYSPANA. Maureen is looking forward to spending time with her family and traveling in her retirement.

3) Watch for a District 13 update on a spring mix and mingle. Come and meet other members of your district to network and get to know them.

Christine

Christine Angiolillo, RN, CPAN



Christine Angiolillo

Maureen is pictured with her nursing colleagues from St. Joseph's Health Hospital in Syracuse, NY.



Maureen is pictured with her physician colleagues from St. Joseph's Health Hospital in Syracuse, NY.

District 6 News

District 6 is in need of officers. It is a honor to serve on the board of your professional organization. There are many advantages to serving as a district and board member. You are afforded the opportunity to be the voice of NYSPANA nurses. You meet and mingle with great nurses within your profession to exchange ideas and best practices. Most significantly, you get to bring educational sessions through ASPAN or privately, to your area. Feel free to inquire about the either of the following positions, President, Vice president, Secretary and Treasurer at e NYSPANA Gmail account. Do not miss out on this awesome opportunity.

www.nyspana@gmail.com

Trina

Trina Mills, MS, RN

District 10 News

District 10 is preparing for an April 21st NYSPANA education day called Mud Season Seminar in Saranac Lake at the Hotel Saranac. Glens Falls Hospital [GFH] is preparing for a speaker in May, no solid details yet. GFH is currently in the middle of 'the patient experience study' which are three questions we ask outpatient orthopedic patients over age 18 re: what their expectations are for surgery based off of three questions. It is a qualitative study that is in conjunction with two researchers from Siena College and the ultimate goal is to bring it to publication in JOPAN.

Dan

Dan Elinskas, RN, MSN, CAPA, CPAN

PeriAnesthesia Nurse Awareness Week [PANAW] was February 5 – 11, 2018

Thanks for the professional and passionate care you give our perioperative patients everyday.

Emergence is defined as the transition from the sleep state to full consciousness. Emergence from general anesthesia usually is a smooth and uneventful transition through the 4 stages of anesthesia. The stages of anesthesia are: I. Amnesia, induction of anesthesia to loss of consciousness. II Delirium, excitation, potential for vomiting, laryngeal spasm, hypertension, tachycardia, uncontrolled movements, dilated pupils. III Surgical anesthesia, constricted pupils, regular respiration, adequate anesthetic depth, prevention of hypotension and tachycardia, absence of movement. IV Over-dosage; shallow or no respiration; dilated, nonreactive pupils; hypotension. Although uncommon (<10% of surgical cases), delirium may arise during emergence from anesthesia. (Burns)

The amygdalocentric neurocircuitry of the brain are affected by general anesthesia and the use of benzodiazepines. General anesthesia causes a fluctuation between the hippocampus, prefrontal cortex and the amygdala. These fluctuations can lead to hyperarousal and agitation states. (Lovestrand)

Emergence delirium can occur in all patient populations. It is seen more often in the elderly, children, and patients with psychiatric conditions. Patients with organic brain conditions may also be at risk. (Burns) Post traumatic stress disorder patients may also suffer from emergence delirium. Veterans may have a 5.6 to 30.5% chance of experiencing emergence delirium. (Lovestrand)

The causes of emergence delirium include hypercapnia, hypoxia, and respiratory depression from sedating medications. If these conditions are ruled out as a cause, consider the following: hypothermia, hypoglycemia, electrolyte imbalance, arterial hypoxemia, sepsis, embolism, sensory deprivation, pain and sensory overload. (Burns)

Central anticholinergic syndrome can produce delirium after anesthesia. This syndrome is caused by blockade of muscarinic cholinergic receptors in the central nervous system. Stimulation of the muscarinic receptors produces decreased heart rate and contractility, bronchial constriction, salivary secretions, and intestinal and bladder contraction and relaxation of sphincters. (Burns)

Medication that can cause emergence delirium include: droperidol, meoclopramide, benzodiazepines, opioids, ketamine and atropine. (Burns) These medications are all part of anesthesia protocols.

Ketamine produces dissociative anesthesia that is defined as marked amnesia and profound analgesia. Emergence delirium after ketamine administration may result in extreme restlessness and agitation. Hallucinations and unpleasant dreams may occur

postoperatively. Combining benzodiazepines with ketamine lessens these untoward effects. (Burns) Ketamine may also be used to treat emergence delirium. (Lovestrand)

Signs and Symptoms Signs and symptoms of emergence delirium or agitation after anesthesia include excitement and alternating periods of lethargy followed by excitement and disorientation. Inappropriate behavior such as screaming, kicking, and use of profanities also may occur. Also, the patients generally do not respond appropriately to commands.

Treat the signs and symptoms. Protect the patient, speak calmly while ruling out the possible physiological or pharmacological causes. A quiet environment, soft lights may help reduce the delirium. Supplemental oxygen, fluid and electrolyte replacement, and adequate analgesia may be appropriate once the cause has been determined. Medications used for emergence delirium include benzodiazepines for calming if the delirium is severe and antipsychotics, such as haloperidol and physostigmine, which reverse delirium associated with anticholinergics often used during general anesthesia. Medications such as naloxone and flumazenil may also be used to reverse opioids and benzodiazepines. (Burns)

After an episode of emergence delirium, the patient and family should be told. Medications given to relieve the symptoms should be discussed. If the patient is having future surgeries, this information can be useful in preventing another episode of delirium. Explaining to the patient that this is a potential known affect of anesthesia reassures them. (Lovestrand)

References

- Burns, S. (2003). Delirium during emergence from anesthesia: a case study. *Critical Care Nurse*.23:(1). 66-69.
- Lovestrand, D, Lovestrand, S, Beumont, D.M.,& Yost, J.G. (2017). Management of emergence delirium in adult PTSD patients: recommendations for practice. *Journal of Perianesthesia Nurses*. 32:(4). 356-364.



Happy Spring!

BSN in Ten

Pamela Germinaro, BSN, RN

In 1964 the American Nurses Association adopted a position statement that supported a Bachelors Degree in nursing be the minimum requirement for entry into the profession. The Institute of Medicine (IOM) Report on the future of nursing (2010) recognized that nursing would be instrumental in defining how healthcare would be administered in the future. After careful assessment, the IOM identified four key areas where further nursing development is necessary. They recommend that nurses should practice to the full extent of their education and training. They should achieve higher levels of education and training through an improved education system that promotes seamless academic progression. Nurses should fully participate in partnerships with physicians and other healthcare professionals in redesigning health care in the United States. Through advanced education development of skills that support workforce planning and policy making using better data collection and information infrastructure. In order to meet these lofty goals, recommendations include that 80% of the nursing workforce should be bachelors prepared to meet the needs of an increasingly complex healthcare environment.

The New York State Legislature reviewed the IOM report and other supporting literature when evaluating the necessity of a law that requires associate degree nurses obtain their bachelors degree within ten years of licensure. The Legislature found that nurses who hold one of the most essential roles in healthcare as managers, coordinators and advocates for their patients are frequently the least educated on the health care team. Keeping this, and the increasingly complex nature of care related to technology and patient co-morbidities, that the educational preparation of the RN must be expanded.

The New York State bill, which was developed by the New York Organization of Nurse Executives, roughly mimics an existing law which requires teachers to obtain a masters degree within five years of licensure but includes an additional five years as the requirements of a BSN are almost double. Understanding the time constraints of working professionals the ten-year time limit allows students to take just one course a semester to complete the program. The New York State law, which goes into effect 18 months after its signing, holds exempt those that are currently practicing, are currently enrolled or awaiting acceptance into a nursing program. The law also requires a full report evaluating barriers to implementation due within 12 months to the governor. To view the bill, please click on or paste the following link into your browser [AO1842-B/SO 6768 states](#) .

Reference

Committee on the Robert Wood Johnson Foundation Initiative on the Future of Nursing, at the Institute of Medicine; Institute of Medicine. The Future of Nursing: Leading Change, Advancing Health. Washington, DC: The National Academies Press; 2010. <http://thefutureofnursing.org>

2017 Gold Leaf Component of the Year Award

Purpose of the Award: To recognize excellence in component leadership and member development, communication, education services and community relations; to encourage quality component management; to recognize with distinction and visibility the efforts and results of meaningful activities that build a strong component; to benchmark standards.

The Reward: \$500.00 and a plaque presented at the ASPAN 37th National Conference in Anaheim, CA. Recognition in *Breathline* and the *Journal of PeriAnesthesia Nursing*. A book or publication on perianesthesia nursing of the Component's choice, for use by the Component for member benefits or recruitment efforts. Ribbons for all Component Members at National Conference signifying their membership in the Component of the Year.



Barb Ochampaugh [President]
and Bronwyn Ship [Vice-President]



For your dedication in meeting the submission
deadline for the ASPAN Gold Leaf Award

NYSpana District Officers*

District 8

Westchester, Rockland
Dutchess, Putnam

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Pam Werner, RN
C: 845. 279.9365
pamwerner@hotmail.com

VICE PRESIDENT

Doreen Dozier, MHA, RN, CAPA

SECRETARY

MaryAnn Servidio, MSN, RN, CAPA

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PRESIDENT

Tina Stoebe, MS, RN, CPAN
C: 631.835.8917
W: 631.476.2729
ts77838690.1more01@gmail.com

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PRESIDENT

Trina Mills, MS, RN
C: 914. 562.9231
Trm9024@nyp.org

VICE PRESIDENT

Maureen Roman, BSN, RN, CCRN,
LNC

SECRETARY

TREASURER

} Positions
Open

District 10 Albany

PRESIDENT

Dan Elinskas, RN, MSN, CAPA, CPAN
C: 347.409.3252
W: 518.926.6504
delinskas@glensfallshosp.org

VICE PRESIDENT

Maggie Tierney, BSN, RN, CPAN

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Cheryl Barnes, RN, CPAN

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Christine Angiolillo, RN, CPAN
C: 315.726.9436
Christine.angiolillo@sjhsyr.org

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SECRETARY

TREASURER

} Positions
Open

District 14 Rochester

PRESIDENT

Position Open

VICE PRESIDENT

Position Open

SECRETARY

Debra Farmer, RN, CAPA

TREASURER

Kathi Peers, BSN, RN, CAPA

NOMINATING CHAIR

Kari Alicea-Santiago, BSN, RN, CAPA

Know your District

- [District 1] Nassau/Suffolk
- [District 6] New York City (All Boroughs)
- [District 8] Delaware, Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
- [District 10] Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington
- [District 13] Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence, Tioga
- [District 14] Allegheny, Cattaraugus, Chautauqua, Chemung, Erie, Genesee, Livingston, Monroe, Niagara, Ontario, Orleans, Schuyler, Seneca, Steuben, Thompsons, Wayne, Wyoming, Yates

* Any changes/updates in District Officers may be emailed to Barbara Ochampaugh: www.nyspana@gmail.com