AMERICAN SOCIETY OF PERIANESTHESIA NURSES

35th National Conference


ASPN and the Pennsylvania Association of Perianesthesia Nurses (PAPAN) are honored to welcome you to the 35th National Conference at Marriott Hotel located in the center of historical Philadelphia. History permeates Philadelphia’s major attractions: America’s Founding Fathers signed the Declaration of Independence in Independence Hall, and the Liberty Bell rang loudly in 1776 to summon citizens for the first reading of the Declaration. Philly is also home to the green Fairmount Park and the bustling Rittenhouse Square. Noteworthy museums include the odd Mutter Museum and the Philadelphia Museum of Art with its remarkable collection of Impressionist Art.

Philadelphia offers many attractions:

- Experience the reawakening of Philadelphia by strolling through a series of smartly renovated neighborhoods, exploring glorious Fairmount Park, or enjoying a theatrical evening with a play or symphony or a night out of live music or clubbing.
- When thinking Philly food and only “cheesesteak” and “soft pretzels” come to mind, think again! Philadelphia continues to be one of the nation’s finest culinary destinations.
- History infuses the shopping scene. The old Stock Exchange is now a six-story mall called the Bourse and inundated with national brands. If you’re looking for vintage goods, South Street in Center City is where you’ll want to go. Excellent shopping also awaits visitors in Rittenhouse Row. The many blocks are chock full of stores, from sleek designers to street vendors.

WE WELCOME YOU TO THE

City of Brotherly Love – Philadelphia

Enjoy the conference and a small sample of Pennsylvania!
ASPAN’s 35th National Conference, *Renew Perianesthesia Passion:*

*Inspire Excellence* is planned and designed with you in mind! The national conference will provide you the opportunity to both network with peers, leaders and experts from diverse geographical and healthcare areas. You can also interact with leading industry vendor representatives to gain information and advice on new products and services for quality patient care.

**OUTCOME**
To enable the nurse to implement competent patient care in order to improve patient safety in the perianesthesia setting.

**TARGET AUDIENCE**
All perianesthesia nurses.

**DISCLOSURE STATEMENT**
All planners and presenters at nursing continuing education activities are required to disclose to the audience any significant financial relationships with the manufacturer(s) of any commercial products, goods, services. Such disclosures will be made in writing in the course presentation materials.

**OVERALL CONFERENCE OBJECTIVE**
Discuss current information on pathologies, therapies, techniques and standards which contribute to safe, quality patient care in the perianesthesia setting.

**ACCREDITATION**
The American Society of PeriAnesthesia Nurses (ASPAN) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC-COA).

Additional ASPAN provider numbers: Alabama #ABNP0074; California Board of Registered Nursing Provider #CEP5197.

**AUDIO OR VIDEO TAPING**
Audio taping or video taping of any portion of an ASPAN program is **strictly prohibited.**
Conference Faculty

Jennifer Allen MSQSM RN CPAN
Silver Spring, MD

Eric Bachman BS RN CAPA
Tonawanda, NY

Amy Berardinelli MSN RN CPAN
Mayfield Heights, OH

Meg Beturne MSN RN CPAN CAPA
Hampden, MA

Rich Bluni RN
Pensacola, FL

Annette Brancati RN CPAN
Greenville, SC

Alyssa Breznau MSN RN CCRN
Traverse City, MI

Elizabeth Card MSN APRN FNP-BC CPAN CCRP
College Grove, TN

Melanie Chichester BSN RNC-OB CPLC
Townsend, DE

Allan Cresencia MSN RN CPN
Los Angeles, CA

Jacque Crosson MSN RN CPAN
Phoenix, AZ

Marlene Dunham MA MBA
New York, NY

Richard Flegger MSN RN
Phoenix, AZ

Sandra Gardner MSN MSHSA RN CPAN
Waterloo, IA

Maria Gazy MSN RN CAPA NE-BC
Liburn, GA

Rebecca Gearhart MSN RN CNOR
Kansas City, KS

Beverly Harrelson MSN RN CPAN
Danville, VA

Vallire Hooper PhD RN CPAN FAAN
Canton, NC

Steve Hyman MD MM
Nashville, TN

Maureen Iacono BSN RN CPAN
Jamesville, NY

Brenda Jahnke MSN RN CNS
Reno, NV

Celeste Jones MHA MBA BSN RN FACHE CAPA
Houston, TX

Kim Kraft MSN RN CPAN CAPA
Ballwin, MO

Michele Kincaid BSN RN
Costa Mesa, CA

Susan Knowles MSN RN-BC
Conover, NC

Dina Krenzischek PhD RN CPAN FAAN
Owings Mills, MD

Linda Lakdawala DNP RN CPAN
Oakmont, PA

Myrna Mamaril MS RN CPAN CAPA FAAN
Ellicott City, MD

Lila Berry Martin MSN RN
Overland Park, KS

Maureen McLaughlin MS RN CPAN CAPA
Acton, MA
Stephanie Meyer MSN RN FNP  
Kansas City, MO

Michael Nanney BSN RN RRT CPAN CAPA  
High Point, NC

Kim Noble PhD RN CPAN  
Ambler, PA

Lynn Nolan BS RN CPAN CAPA  
Mt. Prospect, IL

Ruth Novack BSN RN CCRN CPAN  
Ham Lake, MN

Denise O’Brien DNP RN ACNS-BC CPAN CAPA FAAN  
Ypsilanti, MI

Jan Odom-Forren PhD RN CPAN FAAN  
Louisville, KY

Carol Pehotsky MSN RN CPAN ACNS-BC  
Cleveland, OH

Valerie Pfander MSN APRN ACCNS-AG CPAN  
Traverse City, MI

Wanda Rodriguez MS RN CCRN CPAN  
New York, NY

Susan Russell BSN RN JD CPAN CAPA  
Austin, TX

Lois Schick MN MBA RN CPAN CAPA  
Lakewood, CO

Renee Smith BSN MS RN CPAN CAPA  
Sunbury, PA

Rob Strain BSN RN  
Wilmington, DE

Nancy Strzyzewski MSN RN CPAN CAPA  
Royal Oak, MI

Kelly Swanson  
Highpoint, NC

Renee Thompson DNP RN CMSRN  
Pittsburgh, PA

Cidalia Vital MS RN CNL CPAN  
Ludlow, MA

Kathryn VonWyl BSN RN  
Kansas City, KS

Juleah Walsh MSN RN PCNS-BC CPAN  
Huntington Beach, CA

Valerie Watkins BSN RN CAPA  
Denver, CO

Laura Williams MSN RN CPAN  
Gastonia, NC

Linda Wilson PhD CPAN CAPA BC CNE CHSE CHSE-A ANEF FAAN  
Philadelphia, PA

Michelle Wilson MS CNP PPCNP-BC CPNP-AC  
Akron, OH

Vicki Yfantis MSN RN CRNP CPAN  
Olney, MD

Antoinette Zito MSN RN CPAN  
Solon, OH
Schedule At A Glance

SATURDAY, April 9
7:30 AM – 5:00 PM  ASPAN Board of Directors Meeting
7:30 AM – 8:00 AM  Registration Open for Pre Conference Offering
8:00 AM – 5:45 PM  $ Preconference Offering – Perianesthesia Fundamentals
3:00 PM – 4:00 PM  Host / Hostess Orientation
4:00 PM – 7:00 PM  Registration Desk Open
4:15 PM – 5:15 PM  Session Moderator Orientation
5:30 PM – 6:30 PM  Opening Rehearsal
6:30 PM – 7:30 PM  Meet the Candidates

SUNDAY, April 10
6:30 AM  $ 21st Annual ASPAN Dream Walk
7:30 AM – 8:00 AM  Registration Open for Pre Conference Offering
7:30 AM – 7:30 PM  Registration Desk Open
7:30 AM – 8:50 AM  Credentials Desk Open
8:00 AM – 4:55 PM  $ Preconference Offering – Perianesthesia Certification Review
8:30 AM – 3:00 PM  APBANC Item Writing Workshop
9:00 AM – 5:00 PM  Representative Assembly
12:00 PM – 1:30 PM  Component Presidents’ Luncheon (By invitation only)
4:00 PM – 5:00 PM  Host/Hostess Orientation (repeat)
5:30 PM – 6:30 PM  First Timers Orientation
7:00 PM – 9:00 PM  Component Night

MONDAY, April 11
7:00 AM – 5:30 PM  Registration Desk Open
7:00 AM – 8:00 AM  ASPAN Committee Meetings
7:00 AM – 8:00 AM  First Timers Orientation (repeat)
9:00 AM – 12:00 PM  Opening Ceremonies
12:15 PM – 2:15 PM  $ CPAN®/CAPA® Luncheon Celebration
12:15 PM – 2:00 PM  Journal Luncheon (By invitation only)
12:30 PM – 5:00 PM  Concurrent Sessions
3:45 PM – 4:45 PM  Coaching: The Art of Leadership and Mentoring
5:00 PM – 7:30 PM  Exhibit Grand Opening/Silent Auction
6:00 PM – 7:15 PM  SPG Meeting – Informatics (Limited to SPG members only)
6:00 PM – 7:30 PM  Education Approver Secrets Unveiled: How Do You Do That Application for Contact Hours?
7:30 PM – 9:30 PM  Development Celebration

TUESDAY, April 12
7:00 AM – 8:00 AM  Research/EBP Poster Grand Rounds
7:00 AM – 8:00 AM  Celebrate Successful Practices Poster Grand Rounds
7:00 AM – 9:30 AM  Exhibits Open
7:30 AM – 5:30 PM  Registration Desk Open
9:00 AM – 11:45 AM  Concurrent Sessions
12:00 PM – 1:00 PM  Research/EBP Poster Grand Rounds
12:00 PM – 1:00 PM  Celebrate Successful Practices Poster Grand Rounds
12:00 PM – 1:00 PM  Why Be Certified? The Benefits and Value of CPAN® and CAPA® Certification!
12:00 PM – 2:00 PM  Exhibits Open
12:00 PM – 2:00 PM  ABPANC Certification Coach Forum (by invitation only)
12:15 PM – 1:30 PM  SPG Meeting – Pediatric (Limited to SPG members only)
12:15 PM – 1:30 PM  SPG Meeting – Perianesthesia Nurse Educator (Limited to SPG members only)
12:15 PM – 1:30 PM  SPG Meeting – Pain Management (Limited to SPG members only)
12:15 PM – 1:45 PM  Celebrate Successful Practices Part 1
2:15 PM – 5:00 PM  Concurrent Sessions
4:00 PM – 6:30 PM  Exhibits Open
6:00 PM – 7:00 PM  Reception for Military and International Attendees

WEDNESDAY, April 13
7:00 AM – 10:00 AM  Exhibits Open
7:15 AM – 8:30 AM  SPG Meeting – Management (Limited to SPG members only)
7:15 AM – 8:30 AM  SPG Meeting – Geriatric (Limited to SPG members only)
7:15 AM – 8:30 AM  SPG Meeting – Publications (Limited to SPG members only)
7:30 AM – 6:00 PM  Registration Desk Open
9:00 AM – 11:45 AM  Concurrent Sessions
12:00 PM – 2:00 PM  Meeting the Needs of Patients: Nuts and Bolts of CPAN®/CAPA® Certification/Using Effective Test-Taking Strategies
12:15 PM – 1:45 PM  Research/EBP Oral Presentations
12:15 PM – 1:45 PM  Celebrate Successful Practices Part 2
2:15 PM – 5:00 PM  Concurrent Sessions
7:00 PM – 9:00 PM  President’s Reception

THURSDAY, April 14
6:45 AM – 9:30 AM  Registration Desk Open
7:00 AM – 8:00 AM  Closing Breakfast (Must have a closing breakfast ticket)
8:00 AM – 8:45 AM  Closing Ceremonies (Need a closing breakfast ticket to attend)
9:00 AM – 10:30 AM  Closing Keynote Speaker (Need a closing breakfast ticket to attend)
1:30 PM – 12:00 PM  Registration for Post Conference
12:00 PM – 4:30 PM  $ Postconference – Perianesthesia Essentials III
Conference Program

SATURDAY, April 9, 2016

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 AM – 8:00 AM</td>
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<td>ASPAN Board of Directors Meeting</td>
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<tr>
<td>8:00 PM – 5:45 PM</td>
<td>$ Preconference Offering – Perianesthesia Fundamentals</td>
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This preconference will provide both the novice and the experienced perianesthesia nurse with an in-depth review of anesthetic agents, anesthesia-related complications and a comprehensive discussion of required elements of perianesthesia nursing assessment and management of pre- and postanesthesia patients. Basics of critical care nursing, such as ventilator management and vasopressor therapy, will also be included. The day will conclude with a discussion of perianesthesia nursing standards and perianesthesia professional nursing practice.

8.0 contact hours
Maureen McLaughlin MS RN CPAN CAPA

3:00 PM – 4:00 PM | Host / Hostess Orientation
4:00 PM – 7:00 PM | Registration Desk Open
4:00 PM – 7:00 PM | Credentials Desk Open
4:15 PM – 5:15 PM | Session Moderator Orientation
5:30 PM – 6:30 PM | Opening Rehearsal
6:30 PM – 7:30 PM | Meet the Candidates

SUNDAY, April 10, 2016

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Certification exams in one’s specialty reflect the critical thinking and care given to the patient in all phases of perianesthesia care. This session will present key topics essential for preparing the perianesthesia nurse for taking the CPAN® and CAPA® certification examinations.

7.25 contact hours
Kim Kraft MSN RN CPAN CAPA

8:30 AM – 3:00 PM | (002) Item Writing Workshop

Do you want to make a significant contribution to your specialty? Do you want to showcase your commitment to foster excellence in perianesthesia nursing practice? This workshop is designed for the CPAN® and/or CAPA® certified nurse who is interested in learning how to write quality, reliable and valid multiple-choice items (exam questions). This workshop also serves as a precursor to serving on the prestigious Item Writing/Review Committee. Or, you can become one of ABPANC's new Cyber Writers – writing questions virtually. Once you have completed this workshop, and the online training, you may earn up to 60 contact hours per recertification period for writing items (2 ABPANC contact hours per question). Previous experience with writing questions is NOT required! This workshop also provides opportunities for networking with colleagues around the country regarding practice issues. Pre-register for this exciting workshop by calling ABPANC directly at 800-622-7262, pressing 2 to speak to Phillip Godlewski, ABPANC Program Associate. Registration is limited so please call NOW!

Please note: You must be either CPAN and/or CAPA certified to participate in this lecture. If you hold either the CPAN® or CAPA® credential and you are planning to sit for the other exam in the next 12 months, you are not permitted to participate in this workshop. In addition, ABPANC Coaches, ASPAN and Component volunteers involved in examination review courses may not participate due to a possible conflict of interest.

(002) 5.5 contact hours
Marlene Dunham MBA MA, Celeste Jones MHA MBA BSN RN CPAN, Beverly Horrelson MSN RN CPAN, Lynn Nolan BS RN CPAN CAPA and Vicki Yanti MSN RN CRNP CPAN

9:00 AM – 5:00 PM | Representative Assembly
9:00 AM – 11:00 AM | RA Hearings
9:00 AM – 10:15 AM | Candidate Presentations
2:15 PM – 5:00 PM | Formal Session of the RA

The Representative Assembly, facilitated by President Armi Holcomb, will meet for informal hearings during the morning to discuss questions, issues, and topics related to where ASPAN is today. The candidates for national office will also be presented.

The formal session will be held in the afternoon to conduct ASPAN business and determine ASPAN’s future. Attendee participation is key! While members of the Representative Assembly are required to attend, all are welcome.
APRIL 10-14, 2016 PHILADELPHIA MARRIOTT DOWNTOWN, PHILADELPHIA, PENNSYLVANIA

Renew Perianesthesia Passion
Inspire Excellence

MONDAY, April 11, 2016

7:00 AM – 5:30 PM  Registration Desk Open
7:00 AM – 8:00 AM  First Timers Orientation (Repeat)
7:00 AM – 8:00 AM  ASPAN Committee and Strategic Work Team (SWT) Meetings

This session allows the 2016-2017 Committee Chairs and SWT Coordinators to meet with appointed committee members. All ASPAN members assigned to committees or SWTs and attending conference are encouraged to attend.

9:00 AM – 10:15 AM  Opening Ceremonies: Processional, National Anthem, Welcome, Introduction of Guests and Awards

ASPN Presidential Address: “Renew Perianesthesia Passion: Inspire Excellence”

Armi Holcomb BSN RN CPAN

10:30 AM – 12:00 PM  Keynote Speaker

Inspired Nurse

Healthcare, and nursing in particular, is one of the few professions that affords one the opportunity to impact lives on such a profound level, not only physically but emotionally and spiritually as well. Yet the same qualities that make healthcare so deeply rewarding can also make it a challenge, over time, to sustain your energy and passion. The Inspired Nurse presentation helps us maintain and recapture those elusive qualities. Those of us that call healthcare our life’s work must also take care of “self” in order to be able to do the challenging physical, emotional and intellectual work that it takes to serve others. In this thought-provoking, often funny and inspirational presentation, Rich Bluni, RN, Author of Inspired Nurse and Inspired Journal and nationally renowned speaker, reminds all nurses why we chose this profession. He provides a wealth of action-oriented “spiritual stretches” that help us more fully integrate the gifts of healthcare—joy, wonder, gratitude, insight and grief—into our daily lives. His personal stories illuminate those sacred moments we all experience. Inspired Nurse is a welcome validation that when we stay engaged and committed, we’re more likely to provide extraordinary patient care... in terms of both clinical outcomes and human compassion.

(ICC) 1.5 contact hours
Rich Bluni RN

12:15 PM – 2:15 PM  Celebration Luncheon

Who Hijacked My Fairytale – Hanging On To Humor When Life Doesn’t Go The Way You Planned

Award winning storyteller, comedian, motivational speaker, and author of Who Hijacked My Fairytale, Kelly Swanson, will talk about the potholes in the yellow brick road of life – where we get stuck between our vision and our reality. It’s not the obstacles that bring us down, but how we choose to react to them. This hilarious and moving program follows Kelly’s own twisted journey to happily ever after. You’ll laugh and get a renewed sense of purpose for who you are and what you do!

(ICC).75 contact hour
Kelly Swanson

*Only CPAN® and CAPA® certified nurses and formerly CPAN®/CAPA® certified nurses who are retired may register for this luncheon
12:30 PM – 2:00 PM
Concurrent Sessions

(005) Perianesthesia Clinical Practice Issues: Are There Any Solutions?
This session will highlight clinical practice issues from 2015-2016. The topics will include assessment and monitoring, benchmarking/productivity and orientation/training/hiring practices. All areas of perianesthesia nursing will be included from preadmission through extended stay.

(DC) 1.5 contact hours
Jennifer Allen MSQSM RN CPAN and Susan Russell BSN RN JD CPAN CAPA

(006) PEARS vs. PALS: Which Option Works Best for You?
Since the re-introduction of PEARS (Pediatric Emergency Assessment Recognition & Stabilization) in 2012, institutions have another option for pediatric life support certification. ASPAN recommends PALS and/or PEARS for PeriAnesthesia and Phase II nursing competencies. Learn more about one hospital’s implementation of the PEARS program for their perianesthesia nurses and participate in actual PEARS lesson plans.

(DC) 1.5 contact hours
Kim Kraft MSN RN CPAN CAPA

2:30 PM – 4:30 PM

(007) Introducing Your 2017-2019 ASPAN Standards, Practice Recommendations and Interpretive Statements
This session will include a preview and update for the 2017-2019 ASPAN Standards, practice recommendations and interpretive statements, and will include any position statements added since the 2015-2017 edition.

(DC) 2.0 contact hours
Jennifer Allen MSQSM RN CPAN and Susan Russell BSN RN JD CPAN CAPA

2:30 PM – 5:00 PM

(008) Designing Your Clinical Quantitative Research Study
This session will present the steps of the research process, major quantitative study designs for clinical research, determining sample size and methods to measure quantitative data.

(IC) 2.5 contact hours
Valerie Hooper PhD RN CPAN CAPA, Denise O’Brien DNP RN ACNS-BC CPAN CAPA FAAN and Jan Odum-Forren PhD RN CPAN FAAN

3:45 PM – 4:45 PM

(009) Coaching: The Art of Leadership and Mentoring
Being a successful coach to certification candidates requires leadership and mentoring skills. Such skills also apply to the role that a certified nurse plays in their workplace environment. Certified nurses are often identified by their managers and colleagues as leaders and mentors. The Certification Coach Program offered by ABPANC serves as a means to engage perianesthesia nurses to become certified by organizing study groups.

(IC) 1.0 contact hour
Laura Williams MSN RN CPAN and Cidalia Vital MS RN CNL CPAN

5:00 PM – 7:30 PM
Exhibit Grand Opening
Come and mingle with the ASPAN exhibitors. This event is open to all full conference registrants and Monday daily attendees.

6:00 PM – 6:45 PM

(010) Tools You Can Use: How to Access and Utilize the JBI Tools Through the ASPAN Web Site
This session will be a tutorial on use of the Joanna Briggs Institute (JBI) tools available on the ASPAN website. This session will include a brief overview of evidence based practice, levels/quality of evidence as well as tips on accessing and critiquing the literature.

(No Contact Hours Awarded)
Elizabeth Card MSN APRN FNP-BC CPAN CORP

6:00 PM – 7:15 PM

SPG Meeting — Informatics (Limited to SPG Members Only)

SPG Meeting — Advanced Degree (Limited to SPG Members Only)

SPG Meeting — Preop Assessment (Limited to SPG Members Only)

**Please note: SPGs will hold networking meetings this year (no educational sessions)

*** No tickets needed for these meetings.

6:00 PM – 7:30 PM

(011) Education Approver Secrets Unveiled: How Do You Do That Application for Contact Hours?
This session will review the current ANCC-COA requirements for nursing continuing education. The process for applying through the ASPAN approver unit for contact hours will also be presented.

(IC) 1.5 contact hours
Renee Smith BSN MS RN CPAN CAPA and Linda Wilson PhD CPAN CAPA BC CNE CHSE CHSE-A ANEF FAAN

6:45 PM – 7:30 PM

(012) Research Consultations: Personalized Consultations with Experienced Researchers
This session will offer personalized research consultations with experienced researchers who can continue this mentorship after the session is completed. Examples: refining research hypothesis, research design, synthesizing the evidence, IRB 101, etc. The session will have limited attendance and mentors will be selected from the Research, EBP and Clinical Practice Committees. Attendees are strongly encouraged to bring their own laptop. ASPAN will provide access to the Internet during this session only.

(No Contact Hours Will be Awarded)
Elizabeth Card MSN APRN FNP-BC CPAN CORP

7:30 PM – 9:30 PM
$ ASPAN Development Celebration
Join your colleagues in support of ASPAN at the annual Development Celebration. This lovely evening gala will be the year’s premier fundraising event, and we’ve selected a venue and program that are perfect for the occasion. Food is also included. We hope you’ll be able to join us for this fun, memorable night in support of your professional nursing organization. Complete page 24 of the National Conference brochure and be sure to check the box for Development Celebration. Register soon—seating is limited.
TUESDAY, April 12, 2016

7:00 AM – 8:00 AM  Research Poster Grand Rounds
7:00 AM – 8:00 AM  Celebrate Successful Practices Poster
          Grand Rounds
7:00 AM – 9:30 AM  Exhibits Open
7:30 AM – 5:30 PM  Registration Desk Open
9:00 AM – 11:45 AM  Concurrent Tracks

12:00 PM – 1:00 PM  (013) Why Be Certified? The Benefits and Value of CPAN® and
                             CAPA® Certification!

This presentation will focus on identifying the intrinsic and
extrinsic values of being CPAN and CAPA certified, from the
perspective of not-yet-certified nurses, CPAN and CAPA certified
nurses, managers of perianesthesia units, and most of all by
patients and families! Best practices that employers use across
the country to recognize and support certified nursing staff will
be described. In addition, research studies identifying the value
placed on nursing certification by managers will be discussed.
Strategies for certified nurses to use to effectively promote
themselves to employers, patients and families will also be
identified. The latest research linking certification to positive
patient outcomes will also be discussed.

(014) Celebrate Successful Practices Part 1

In this session, selected members will present their perianesthesia
successful practice, discuss the implementation and share results.

(015) Implementing Your Clinical Research Study

This non-credit consultation workshop allows nurses to
bring current study ideas and work in similar groups. Expert
researchers will facilitate the group discussion to assist the
nurse in developing a study for implementation. The workshop
will use members from the Research Committee with experience
as facilitators.

12:15 PM – 1:30 PM  SPG Meeting – Perianesthesia Nurse Educator
            (Limited to SPG Members Only)

12:15 PM – 1:30 PM  SPG Meeting – Pediatric
            (Limited to SPG Members Only)

12:15 PM – 1:30 PM  SPG Meeting – Pain Management
            (Limited to SPG Members Only)

**Please note: SPGs will hold networking meetings this year
(no educational sessions)

*** No tickets needed for these meetings.
### ASPAN’S 35TH NATIONAL CONFERENCE

#### WEDNESDAY, April 13, 2016

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<thead>
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<td>7:00 AM – 10:00 AM</td>
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<tr>
<td>7:15 AM – 8:30 AM</td>
<td>SPG Meeting – Management (<strong>Limited to SPG Members Only</strong>)</td>
</tr>
<tr>
<td>7:15 AM – 8:30 AM</td>
<td>SPG Meeting – Geriatric (<strong>Limited to SPG Members Only</strong>)</td>
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<tr>
<td>7:15 AM – 8:30 AM</td>
<td>SPG Meeting – Publications (<strong>Limited to SPG Members Only</strong>)</td>
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See pages 12-13 for schedule and descriptions.

#### THURSDAY, April 14, 2016

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:45 AM – 12:00 PM</td>
<td>Registration Desk Open</td>
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<tr>
<td>7:00 AM – 8:00 AM</td>
<td>Closing Breakfast</td>
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Open to all full conference registrants at no additional cost. You must register on page 24 you will not be admitted without a ticket.

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 AM – 8:30 AM</td>
<td>Closing Ceremonies: Presentation of Awards</td>
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<tr>
<td></td>
<td>Installation of ASPAN Officers</td>
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<tr>
<td>Presidential Address: Katrina Bickerstaff BSN RN CPAN CAPA</td>
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**You must register and have a closing breakfast ticket to attend.

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:30 AM – 8:45 AM</td>
<td>Preview to 2017 Conference</td>
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<tr>
<td>9:00 AM – 10:30 AM</td>
<td>Closing Address</td>
</tr>
<tr>
<td>(020) Celebrate Nursing: Human by Birth – Hero by Choice</td>
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Every day, nurses have the opportunity to be viewed as heroes in the eyes of their patients, colleagues, and the public. This inspiring presentation looks at the “hero” characteristics that give nurses their power and the villainous characteristics that take that power away. Participants will learn simple strategies that nurture and grow the “inner hero” in all of us.

*You must have a Closing Breakfast ticket to attend.

| IC 1.5 contact hours |

(020) Celebrate Nursing: Human by Birth – Hero by Choice

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30 AM – 12:00 PM</td>
<td>Postconference Registration</td>
</tr>
<tr>
<td>12:00 PM – 4:30 PM</td>
<td>Postconference - Perianesthesia Essentials III</td>
</tr>
</tbody>
</table>

This postconference will cover key clinical topics for perianesthesia nurses including obstructive sleep apnea, capnography, and procedural sedation. Patient care priorities, potential complications and essential ASPAN standards will be incorporated throughout the program.

| IC 4.0 contact hours |

(020) Celebrate Nursing: Human by Birth – Hero by Choice

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>2:15 PM – 5:00 PM</td>
<td>Concurrent Tracks</td>
</tr>
</tbody>
</table>

See pages 12-13 for schedule and descriptions.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 PM – 9:00 PM</td>
<td>President’s Reception</td>
</tr>
</tbody>
</table>

You are all invited to join ASPAN President Armi Holcomb and ASPAN leaders in a celebration of the success and achievements of the past year. All conference participants are invited to attend! Enjoy a variety of music and dance the night away! Come dressed in your favorite style of “party attire” See you there!

NEW NIGHT

2016 REGISTRATION BROCHURE 11
### Concurrent Sessions

**Tuesday, April 12, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
</tr>
</thead>
</table>
| 9:00 AM – 10:15 AM | Demystifying Diabetes: PeriAnesthesia Considerations  
Carol Pehotsky  
#101 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 10:30 AM – 11:45 AM | Living with the Gift of Life: PeriAnesthesia Care for Transplant Surgery and Surgeries after Transplant  
Carol Pehotsky  
#102 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</table>
| 2:15 PM – 3:30 PM | Ultra Rapid Metabolizers: What PACU Nurses Need to Know About Drug Metabolism  
Nancy Strzyzewski  
#103 (DC) 1.25 |

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<thead>
<tr>
<th>Time</th>
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</table>
| 3:45 PM – 5:00 PM | The Physiologic Panic Attack: The Influence of Sepsis on Cellular Function  
Kim Noble  
#104 (DC) 1.25 |

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<tr>
<th>Time</th>
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</thead>
</table>
| 10:15 AM – 11:30 AM | Fluid: Do You Know What You Are Hanging and Why?  
Wanda Rodriguez  
#201 (DC) 1.25 |

<table>
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<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 11:45 AM – 2:00 PM | Adult Respiratory Distress Syndrome: Is Your Patient Drowning?  
Wanda Rodriguez  
#202 (DC) 1.25 |

<table>
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<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 2:15 PM – 3:30 PM | Ticket to Ride: Are They Ready to Go? Preoperative Preparedness  
Valerie Watkins  
#203 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
</tr>
</thead>
</table>
| 3:45 PM – 5:00 PM | Is the Patient Ready for Discharge?  
Valerie Watkins  
#204 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
</tr>
</thead>
</table>
| 11:45 AM – 2:00 PM | Guide to the Code of Ethics for Nurses: Learning Together the Application in the PeriAnesthesia Setting  
Dina Krenzischek  
#302 (IC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</table>
| 2:15 PM – 3:30 PM | Update on Uses and Abuses of Medical Marijuana  
Lois Schick  
#303 (DC) 1.25 |

<table>
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<tr>
<th>Time</th>
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</table>
| 3:45 PM – 5:00 PM | Life is Too Short: Lighten Up!  
Lois Schick  
#304 (IC) 1.25 |

<table>
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<tr>
<th>Time</th>
<th>Sessions</th>
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</table>
| 11:45 AM – 2:00 PM | Evidence to Application: Bringing PONV/PDNV Guidelines to the Bedside  
Denise O’Brien  
#402 (IC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
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</table>
| 2:15 PM – 3:30 PM | Answering the Clinical Question: Evidence Based Nursing Practice  
Jan Odom-Forren and Vallire Hooper  
#403 (IC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
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</table>
| 3:45 PM – 5:00 PM | Our Patients First and Best Line of Defense: Critical Thinking in PeriAnesthesia Nursing  
Carol Pehotsky  
#404 (IC) 1.25 |

<table>
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<tr>
<th>Time</th>
<th>Sessions</th>
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</table>
| 11:45 AM – 2:00 PM | Be Prepared, Train to Act! PACU Emergencies  
Ruth Novack  
#502 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 2:15 PM – 3:30 PM | Bleeding Complications in Pregnancy: Implications for Pre and Postanesthesia Care  
Melanie Chichester  
#503 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 3:45 PM – 5:00 PM | Enhanced Recovery: Not Just PeriAnesthesia Care on Steroids!  
Jacque Crosson  
#504 (DC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 11:45 AM – 2:00 PM | Shared Governance in Action: Empowering Clinical Nurses to Improve Quality  
Antoinette Zito and Amy Berardinelli  
#602 (IC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
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</thead>
</table>
| 2:15 PM – 3:30 PM | Enhancing the Patient Experience and Improving Outcomes in the Preoperative Assessment Clinic Using Lean Methodology  
Kathryn VonWyl and Rebecca Gearhart  
#603 (IC) 1.25 |

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
</tr>
</thead>
</table>
| 3:45 PM – 5:00 PM | The PeriAnesthesia Pathway for Patients with Autism Spectrum Disorders: A Successful Process Improvement Project to Individualize Care and Increase Patient Satisfaction Scores  
JulieAnn Walsh and Michele Kincaid  
#604 (IC) 1.25 |
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
<th>Code</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM – 10:15 AM</td>
<td>Optimizing Pediatric Pre-operative Care – The Presurgery Preparation Center</td>
<td>Michelle Wilson</td>
<td>#105 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>9:00 AM – 10:15 AM</td>
<td>Acute Kidney Injury: There’s Nothing “Cute” About It</td>
<td>Brenda Johnke</td>
<td>#205 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>10:15 AM – 10:30 AM BREAK</td>
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<tr>
<td>10:30 AM – 11:45 AM</td>
<td>Enabling the Future of Perioperative Staffing: A Perioperative Nurse Residency Program</td>
<td>Alyssa Breznau and Valerie Pfander</td>
<td>#305 (IC)</td>
<td>1.25</td>
</tr>
<tr>
<td>10:30 AM – 11:45 AM</td>
<td>Sneeze, Wheeze, and Snore: Understanding Pediatric Respiratory Issues and Their Impact in the Perioperative Period</td>
<td>Nancy Strzyzewski</td>
<td>#106 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>10:30 AM – 11:45 AM</td>
<td>Don’t Blow Your Stack: Pre-op Assessment and Perioperative Management of Hypertension</td>
<td>Brenda Johnke</td>
<td>#206 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>11:45 AM – 2:00 PM</td>
<td>Lunch / Exhibits</td>
<td></td>
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</tr>
<tr>
<td>2:15 PM – 3:30 PM</td>
<td>Pediatric Syndromes and Their Perioperative Care through the Continuum</td>
<td>Allan Cresencia</td>
<td>#107 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>2:15 PM – 3:30 PM</td>
<td>The Ins and Outs of Enteral Tubes</td>
<td>Sandra Gardner</td>
<td>#207 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>3:30 PM – 4:45 PM</td>
<td>Total Joint Arthroplasty in an Ambulatory Setting: A Challenge for Nursing Process and Practice</td>
<td>Eric Bachman</td>
<td>#307 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>3:30 PM – 4:45 PM</td>
<td>Home Recovery of Ambulatory Surgery Patients: What Perioperative Nurses Need to Know</td>
<td>Jan Odom-Forren</td>
<td>#308 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>3:45 PM – 5:00 PM</td>
<td>Safer Pain Management by Utilizing a Multimodal Drug Approach</td>
<td>Michael Nanney</td>
<td>#506 (DC)</td>
<td>1.25</td>
</tr>
<tr>
<td>3:45 PM – 5:00 PM</td>
<td>Breast Cancer: Do You Know All You Need to Know?</td>
<td>Susan Knowles</td>
<td>#507 (IC)</td>
<td>1.25</td>
</tr>
<tr>
<td>3:45 PM – 5:00 PM</td>
<td>Perioperative Management: Nuts and Bolts</td>
<td>Maureen Iacono</td>
<td>#508 (IC)</td>
<td>1.25</td>
</tr>
<tr>
<td>3:45 PM – 5:00 PM</td>
<td>Information in the OR: How Analytics Can Help Shape Practice</td>
<td>Rob Strain</td>
<td>#606 (IC)</td>
<td>1.25</td>
</tr>
</tbody>
</table>

Wednesday, April 13, 2016
Detailed Course Descriptions

TUESDAY, April 12, 2016

9:00 AM – 10:15 AM

#101 Demystifying Diabetes: Perianesthesia Considerations
With the skyrocketing rate of diabetes mellitus in the American population comes the need for perianesthesia nurses to understand this chronic condition. This presentation will include information on Type I and II diabetes, the importance of close glucose control in the perianesthesia setting, and proper management of diabetes in our setting. This session will include diabetes management in PAT, preoperative, and postanesthesia settings, including recommendations for pharmaceutical management.

(DC) 1.25 contact hours
Carol Petroteky MSN RN CPAN ACNS-BC

#201 Fluid: Do You Know What You Are Hanging and Why?
Pathophysiology of osmolality and tonicity of IV solutions, medical management of conditions warranting different IV solutions/crystalloids vs. colloids as well as calculation of IV fluids will be addressed. Evidence-based principles and case studies will be incorporated in this session.

(DC) 1.25 contact hours
Wanda Rodriguez MA RN CCRN CPAN

#301 Affordable Care Act: What Does It Mean to the Bedside Nurse?
This session will discuss how nurses are the largest workforce in healthcare environments. This session will help the nurse understand their role on how to make a difference in the changing healthcare.

(IC) 1.25 contact hours
Dina Krenzischek PhD RN CPAN FAAN

#401 Prevalence of Burnout in Perianesthesia Nurses
Burnout, unengaged healthcare workers can impact team efforts potentially affecting patient safety. This session will present the findings from a national survey study on burnout in the perianesthesia setting. Responses were gathered from ASPAN members who volunteered to participate anonymously.

(IC) 1.25 contact hours
Elizabeth Cord MSN APRN FNP-BC CPAN CCRNP and Steve Hyman MD MIM

#501 An Uncomfortable Discussion: When a D&E is the Best Option
While many times a mid-trimester fetal demise is delivered in the labor & delivery department, there are occasions when dilation & evacuation (D & E) may be the “best” option. This can be an uncomfortable situation for the perianesthesia nurse, both in how to care for these women, and for each other. Through case presentation, this session will present why this may be an optimal choice, recommendations for care, and peer support.

(DC) 1.25 contact hours
Melanie Chichester BSN RNC-OB CPLC

#601 Crucial Conversations: Communication When It Matters
Communication strategies applicable to perianesthesia nurses will be presented to assist nurses to grow in their ability to converse when it is challenging.

(IC) 1.25 contact hours
Maureen Lacono BSN RN CPAN

10:30 AM – 11:45 AM

#102 Living with the Gift of Life: Perianesthesia Care for Transplant Surgery and Surgeries after Transplant
The number of hospitals serving as transplant centers continues to increase, as does the survival rate of those who have had transplants. Even if nurses do not work in a transplant center hospital, their likelihood of caring for an individual who has had a transplant has increased as those individuals present for surgeries unrelated to transplant. This session will present the perianesthesia needs of both types of patients.

(DC) 1.25 contact hours
Carol Petroteky MSN RN CPAN ACNS-BC

#202 Adult Respiratory Distress Syndrome: Is Your Patient Drowning?
This session will present etiology, pathophysiology and current and experimental medical therapies for adult respiratory distress syndrome. Evidence-based principles, nursing management and case studies will be incorporated in this session.

(DC) 1.25 contact hours
Wanda Rodriguez MA RN CCRN CPAN

#302 Guide to the Code of Ethics for Nurses: Learning Together the Application in the Perianesthesia Setting
ANA states, “The Code of Ethics for Nurses was developed as a guide for carrying out nursing responsibilities in a manner consistent with quality in nursing care and the ethical obligations of the profession.” Decision making based on ethics is an essential part of nursing practice. Let us learn together the 2015 ANA updates as we apply them in our perianesthesia settings.

(IC) 1.25 contact hours
Dina Krenzischek PhD RN CPAN FAAN

#402 Evidence to Application: Bringing PONV/PDNV Guidelines to the Bedside
Postoperative nausea and vomiting (PONV) remains relatively common in the PACU setting. Evidence-based guidelines have been published that identify risk factors, approaches to reduce baseline risks, and effective antiemetic therapies and non-pharmacologic strategies for reduction of PONV and post-discharge nausea and vomiting (PDNV). This session will focus on the development and implementation of a PONV/PDNV algorithm in an academic medical center based on those guidelines.

(IC) 1.25 contact hours
Denise O’Brien DNP RN ACNS-BC CPAN CAPA FAAN

#502 Be Prepared, Train to Act: PACU Emergencies
Training is a key element in responding to the unexpected. Malignant hyperthermia, bupivacaine toxicity, stroke, and respiratory emergencies require diligence. Training is a key element in responding to the unexpected. Malignant hyperthermia, bupivacaine toxicity, stroke, and respiratory emergencies require diligence.

(DC) 1.25 contact hours
Ruth Novack BSN RN CCRN CPAN

#602 Shared Governance in Action: Empowering Clinical Nurses to Improve Quality
This presentation will focus on shared governance in a perioperative unit. Entrusting the staff with data and education on interpretation of that data improves quality outcomes, empowers the nurses and thereby improves patient care.

(IC) 1.25 contact hours
Antonella Zito MSN RN CPAN and Amy Berardinelli MSN RN CPAN
### 2:15 PM – 3:30 PM

<table>
<thead>
<tr>
<th>Session ID</th>
<th>Title</th>
<th>Description</th>
<th>Contact Hours</th>
<th>Presenters</th>
</tr>
</thead>
</table>
| #103      | Ultra-Rapid Metabolizers: What PACU Nurses Need to Know About Drug Metabolism | Have you ever noticed that some opioids don’t ‘work’ on certain patients or some patients take longer to wake up than others? This presentation focuses on the latest evidence about the process of drug metabolization in the human body, how it differs among patient populations and the impact that has on perianesthesia nursing care. | 1.25         | Nancy Strzyzewski MSN RN CPAN CAPA  
            |                                                             | (DC) 1.25 contact hours                                                                                   |              |            |
| #203      | Ticket to Ride: Are They Ready to Go? Preoperative Preparedness      | This session will present the ASPAN Standards effect on how we prepare patients for surgery. This session will also present the importance of preanesthesia assessment and its impact on the continuity of care for the perianesthesia patient. | 1.25         | Valerie Watkins BSN RN CPAN CAPA |
| #303      | Update on Uses and Abuses of Medical Marijuana                       | With the legalization of marijuana in many states in the U.S., an increased usage of such is being identified as a means to treat patients’ pain. There continues to be issues with legalization and usage by patients for pain management after surgery. This session will present the positive effects of marijuana use for pain management as well as positive and negative effects from the legalization of the herb. | 1.25         | Lois Schick MN MBA RN CPAN CAPA |
| #403      | Answering the Clinical Question: Evidence Based Nursing Practice     | This session will present an overview of evidence based nursing practice (EBP), the steps to answering a clinical question, how to use evidence based practice models to transition evidence into perianesthesia nursing practice and create potential clinical questions. | 1.25         | Jan Adam-Fonk PhD RN CPAN FAAN  
            |                                                             | (IC) 1.25 contact hours                                                                                   |              | Valarie Hooper PhD RN CPAN FAAN |
| #503      | Bleeding Complications in Pregnancy: Implications for Pre- and Postanesthesia Care | Preparing an obstetric patient with vaginal bleeding for surgery can be challenging due to the perianesthesia nurse’s discomfort in assessing a pregnant woman, as well as difficulty in determining acuity. Using case presentations, this session will present causes of bleeding during pregnancy, interventions/management, and implications for practice of varying diagnoses. | 1.25         | Melanie Chichester BSN RNC-OB CPLC |
| #603      | Enhancing the Patient Experience and Improving Outcomes in the Preoperative Assessment Clinic Using Lean Methodology | Moving patients through the preoperative assessment process efficiently and in a value added manner for patients can be challenging. Standardizing this process using the Lean principles of the Toyota Management System is one method to provide a cost-effective way to maximize resources to meet patient demand and positively impact safety and quality outcomes. | 1.25         | Kathryn VonWyl BSN RN and Rebecca Gearhart MSN RN |

### 3:45 PM – 5:00 PM

<table>
<thead>
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<th>Presenters</th>
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</thead>
<tbody>
<tr>
<td>#104</td>
<td>The Physiologic Panic Attack: The Influence of Sepsis on Cellular Function</td>
<td>Have you ever wondered the what, where, when and why of tumor necrosis factor, serum lactate and inflammatory mediators? This session will present normal inflammatory and immune function, and the cellular and mediator “panic” that follows bacteremia and toxin release. This session will incorporate current evidence-based assessment and management as well as the use of cellular rationales for appearance and use of the septic patient’s bedside.</td>
<td>1.25</td>
<td>Kim Noble PhD RN CPAN</td>
</tr>
<tr>
<td>#204</td>
<td>Is the Patient Ready For Discharge?</td>
<td>Do you know when your patients are ready for discharge? Are they well prepared and do they understand what you have taught them? This session will present the challenges and pitfalls of preparing patients for discharge as well as the standards and strategies of discharge planning and education.</td>
<td>1.25</td>
<td>Valene Watkins BSN RN CPAN CAPA</td>
</tr>
</tbody>
</table>
| #304      | Life is Too Short: Lighten Up!                                        | Nursing is a serious profession and it is imperative that the nurse care for him/herself by appreciating those humorous situations that gets one through each shift. Every nurse has that “moment” when a situation can be viewed through humor to decrease anxiety, soften anger, lighten depression and increase pain tolerance. Research and anecdotal experiences continue to search for value of humor in the medical field. | 1.25         | Lois Schick MN MBA RN CPAN CAPA  
            |                                                             | (IC) 1.25 contact hours                                                                                   |              |            |
| #404      | Our Patients’ First and Best Line of Defense: Critical Thinking in Perianesthesia Nursing | Patients arrive to the perianesthesia setting with more comorbidities and complex needs. Critical thinking skills become the difference between early detection and correction of a problem and an unfortunate outcome. This session will present the development and refinement of critical thinking skills in the detection of early warning signs. | 1.25         | Carol Pehotsey MSN RN CPAN ACNS-BC |
| #504      | Enhanced Recovery, Not Just Perianesthesia Care on Steroids!          | Perioperative nurses have a critical role in the success of any enhanced recovery after surgery (ERAS) program. This session will present the historical significance of ERAS along with the importance of perioperative nursing interventions on patient care and their role as part of the healthcare team. | 1.25         | Jacque Crosson MSN RN CPAN |
| #604      | The Perioperative Pathway for Patients with Autism Spectrum Disorders: A Successful Process Improvement Project to Individualize Care and Increase Patient Satisfaction Scores | This session will present the collaborative development of a specialized pathway for the perioperative pediatric patient with an autism spectrum disorder (ASD) diagnosis in order to provide an individualized patient pathway from entry into the facility through discharge. This pathway will facilitate and environment to minimize stimulation to the patient with ASD, which could result in patient harm, staff harm or adverse responses, preventing a positive patient and family experience. How to provide collaborative and consistent guidelines for staff of expected alterations to the typical patient pathway will be presented. The implementation and outcomes of the ASD pathway will be presented in order for attendees to be able to bring the information back to their facilities. | 1.25         | Julie Walsh RN MSN PONS-BC CPAN and Michele Kincaid BSN RN |

#303 Update on Uses and Abuses of Medical Marijuana
With the legalization of marijuana in many states in the U.S., an increased usage of such is being identified as a means to treat patients’ pain. There continues to be issues with legalization and usage by patients for pain management after surgery. This session will present the positive effects of marijuana use for pain management as well as positive and negative effects from the legalization of the herb.

#403 Answering the Clinical Question: Evidence Based Nursing Practice
This session will present an overview of evidence based nursing practice (EBP), the steps to answering a clinical question, how to use evidence based practice models to transition evidence into perianesthesia nursing practice and create potential clinical questions.

#503 Bleeding Complications in Pregnancy: Implications for Pre- and Postanesthesia Care
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#603 Enhancing the Patient Experience and Improving Outcomes in the Preoperative Assessment Clinic Using Lean Methodology
Moving patients through the preoperative assessment process efficiently and in a value added manner for patients can be challenging. Standardizing this process using the Lean principles of the Toyota Management System is one method to provide a cost-effective way to maximize resources to meet patient demand and positively impact safety and quality outcomes.

#304 Life is Too Short: Lighten Up!
Nursing is a serious profession and it is imperative that the nurse care for him/herself by appreciating those humorous situations that gets one through each shift. Every nurse has that “moment” when a situation can be viewed through humor to decrease anxiety, soften anger, lighten depression and increase pain tolerance. Research and anecdotal experiences continue to search for value of humor in the medical field.

#404 Our Patients’ First and Best Line of Defense: Critical Thinking in Perianesthesia Nursing
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#604 The Perioperative Pathway for Patients with Autism Spectrum Disorders: A Successful Process Improvement Project to Individualize Care and Increase Patient Satisfaction Scores
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WEDNESDAY, April 13, 2016

9:00 AM – 10:15 AM

#105 Optimizing Pediatric Preoperative Care – The Presurgery Preparation Center
The presurgery preparation model is an innovative nursing driven model of care which provides children and their families an opportunity to complete all presurgery preparation in one location. This session will present the concept, design, and implementation of a center. 

(DC) 1.25 contact hours
Michelle Wilson MS CNP PPCNP-BC CPNP-AC

#205 Acute Kidney Injury: There’s Nothing “Cute” About It
Acute kidney injury (AKI) – also called acute renal failure – is a common complication of hospitalized patients, particularly in critically ill people who need intensive care. AKI often has a poor prognosis with high mortality. This session will focus on the causes of AKI with integration of assessment data (history, clinical manifestations, diagnostic studies) as well as medical and nursing interventions demonstrated with a concept map. 

(DC) 1.25 contact hours
Brenda Jahnke MSN RN CNS

#305 Ensuring the Future of Perianesthesia Staffing: A Perianesthesia Nurse Residency Program
Many healthcare organizations are challenged with recruiting and retaining critical care experienced perianesthesia nurses. This session will present the key aspects of a perianesthesia nurse residency program, from conceptualization to implementation. The residency program supports the development of the novice or advanced beginner nurse into a knowledgeable and skilled perianesthesia nurse. 

(IC) 1.25 contact hours
Allysa Breznau MSN RN CCRN and Valerie Pfander MSN APRN ACCNS-AG CPAN

#405 Managing the PACU Patient with Regional Anesthesia
PACU nurses play a central role in preventing, recognizing and managing major complications of patients who have had epidural or spinal anesthesia. This session will present common regional anesthesia issues, key sensory/motor assessment parameters and summarize emergency interventions to prevent adverse patient outcomes.

(DC) 1.25 contact hours
Myrna Mamaril MS RN CPAN CAPA FAAN

#505 Safer Pain Management by Utilizing a Multimodal Drug Approach
This session will present benefits of implementing a multimodal approach to aid in pain management as well as strategies for identification of those clients who are at risk for opioid related adverse events. The ASPAN Standards related to pain management will also be presented.

(DC) 1.25 contact hours
Michael Nanney BSN RN RRT CPAN CCRN

#605 How to Navigate the EMR Like a Super User and Chart by Exception
This session will present common issues that nurses routinely face using the electronic medical record (EMR). The challenges many users experience and tips for charting safely and efficiently will also be presented. Enhancing your skills like a super user will allow the perianesthesia nurse to spend more time with patients and less time with the computer. 

(IC) 1.25 contact hours
Rob Strain BSN RN

10:30 AM – 11:45 AM

#106 Sneez, Wheeze and Snore: Understanding Pediatric Respiratory Issues and Their Impact in the PeriAnesthesia Period
Pediatric patients recovering from anesthesia are at risk for respiratory complications. This session will focus on the latest evidence on the three biggest respiratory concerns for pediatric patients: 1) respiratory tract infections; 2) asthma; and 3) obstructive sleep apnea. The physiology of these issues and their management in the periAnesthesia period will be explored. 

(DC) 1.25 contact hours
Nancy Sitzcerovski MSN RN CPAN CAPA

#206 Don’t Blow Your Stack: Preop Assessment and Perioperative Management of Hypertension
Hypertension is the most frequently encountered abnormality in patients prepared for surgical procedures and can complicate anesthetic and post-operative management. This session will present the importance of blood pressure assessment, blood pressure response to surgical procedures and surgical risk for hypertensive patients. The pharmacologic agents and strategies commonly used in the management of perioperative hypertension will also be presented.

(DC) 1.25 contact hours
Brenda Jahnke MSN RN CNS

#306 Colles Fractures and the Elderly: Making a Difference in the Care
This session will present an overview of Colles fractures, including anatomy of the affected area, etiology, incidence, risk factors and diagnosis. The treatment, complications and nursing interventions that will make a difference in this vulnerable population will also be presented. 

(DC) 1.25 contact hours
Meg Beturne MSN RN CPAN CAPA

#406 Mitigating Risks and Improving Patient Safety
Creating a culture that promotes safety and advocates for ASPAN standards of practice directly correlates with mitigating clinical risks and improves patient outcomes. This presentation will focus on system defects and human errors that contribute to clinical emergencies. The legal implications of knowing and understanding the 2015-2017 ASPAN Standards as well as prioritizing and reducing risks will be presented.

(IC) 1.25 contact hours
Myrna Mamaril MS RN CPAN CAPA FAAN

#506 Sedation & Analgesia of the Adult Patient Requiring Mechanical Ventilation
This session will present the strategy, rationale, and goals in providing sedation and analgesia, along with the benefits and complications that are associated with sedatives and analgesics in the already respiratory compromised patient.

(DC) 1.25 contact hours
Michael Nanney BSN RN RRT CPAN CCRN

#606 Information in the OR: How Analytics Can Help Shape Practice
This session will explore how data is captured through charting and how nursing documentation can be used for reporting. How this information is evaluated to determine compliance and accurate billing will also be presented. A case study where analytics was used to change process and improve care in a surgical services unit will be included in the presentation.

(IC) 1.25 contact hours
Rob Strain BSN RN
#107 Pediatric Syndromes and Their Perioperative Care Through the Continuum

This session will present some of the most common (and some rare) pediatric syndromes we see in the perioperative setting. The complexity of each syndrome will also be presented as it pertains to our clinical practice. Implications for clinical practice, from pediatric nursing care transitioning to adult care will be reviewed.  

(DC) 1.25 contact hours  
Lila Berry Martin MSN RN

#207 The Ins and Outs of Enteral Tubes

As perianesthesia nurses, we often only give a cursory once-over to the function of enteral tubes that are present when a patient arrives in our unit. This presentation will review the various types of enteral tubes, why each type might be selected, and how to care for them to give best outcomes for their intended use and patient outcome.  

(DC) 1.25 contact hours  
Sandra Gardner MSN MSHSA RN CPAN

#307 Total Joint Arthroplasty in an Ambulatory Surgery Setting: A Challenge for Nursing Process and Practice

This session will present the challenges to patient care throughout the process of total joint arthroplasty in an ambulatory surgery setting. Included will be patient identification, pre-operative education, and preparation for day of surgery, surgery, recovery, discharge, and follow-up. Challenges faced and necessary changes adopted from initiation to successful program implementation will also be presented.  

(DC) 1.25 contact hours  
Eric Bachman BS RN CAPA

#407 Managing Pediatric Airway Emergencies in the PACU

Pediatric airway problems present significant challenges that nurses frequently encounter in the postanesthesia care unit (PACU). This session will present the current science related to the dynamics of anesthesia on pediatric airways and the management of laryngospasm, bronchospasm and acute airway anaphylaxis that are potentially life-threatening conditions that children may experience in the PACU. Prompt and effective interventions reveal the impact of successful, aggressive management of children’s reactive airway emergencies.  

(DC) 1.25 contact hours  
Myrna Maramis MS RN CPAN CAPA FAAN

#507 Breast Cancer: Do You Know All You Need to Know?

This session will present the different types of breast cancer, how breast cancer is graded, and how breast cancer is staged both clinically and pathologically. Tumor markers and their effect on treatment options will also be presented.  

(IC) 1.25 contact hours  
Susan Knowles MSN RN-BC

#607 Improving Efficiency in Perioperative Services: Utilizing Principles of the Toyota Management System

There are many improvement methodologies that facilities can use to improve efficiency and outcomes. The Toyota Management System, also known as Lean, has proven to be an effective model in many healthcare settings. This session will present how one facility has been using this methodology to improve perioperative efficiency and patient outcomes.  

(IC) 1.25 contact hours  
Lila Berry Martin MSN RN

#108 Pediatric TIPS 201 and Beyond!

Adult perioperative and perianesthesia nurses are always in need of some practical tips on how to manage the care of a pediatric patient. Utilizing the acronym “P.O.I.N.T.S.,” this class will provide some insight on pediatric perioperative nursing care.  

(DC) 1.25 contact hours  
Allan Cresencia MSN RN CPN

#208 The “Eyes” Have It: Eye Safety in Interventional Radiology Procedures

More and more nurses practicing in perianesthesia areas are participating in procedures requiring exposure to radiation and fluoroscopy: pain services, endoscopy and line placement to name a few. New evidence links earlier cataract formation to lower doses and shorter time exposure. This presentation will provide an overview of the latest EBP and practice recommendations to reduce the potential incidence of eye injuries.  

(DC) 1.25 contact hours  
Jan Odom Forren PhD RN CPAN FAAN

#308 Home Recovery of Ambulatory Surgery Patients: What Perianesthesia Nurses Need to Know

This session will present the home recovery of the ambulatory surgery patient and experiences of the caregiver based on new evidence. Gaps in care identified by patients and their caregivers will allow perianesthesia nurses to add vital information to their care of patients.  

(DC) 1.25 contact hours  
Jacque Cresson MSN RN CPAN and Richard Flegger MSN RN

#408 Maintaining Patient Safety in the PACU When Bean Counters are Calling the Shots!

Recent changes in healthcare have caused many organizations to decrease nursing resources in Phase I PACU. This session will present strategies for requesting additional resources for your department based on current evidence.  

(IC) 1.25 contact hours  
Jacque Cresson MSN RN CPAN and Richard Flegger MSN RN

#508 Perianesthesia Management: Nuts and Bolts

This session will present challenges and opportunities faced by perianesthesia nurse managers today. Tips for problematic issues including progressive discipline will be presented along with strategies for success.  

(IC) 1.25 contact hours  
Maureen Iacono BSN RN CPAN

#608 Emotional Intelligence

When our patient outcomes and satisfaction are based on the care provided, largely by nurses, it is vital we start to work with nurses on the “value equation.” Defining one’s true value in the workplace is difficult. As healthcare moves toward a “value” based system, it is important nurses know how they can add value to the workplace and their professional life.  

(IC) 1.25 contact hours  
Stephanie Meyer MSN RN FNP
Renew Perianesthesia Passion
Inspire Excellence

Registration Information

If you are attending the Dream Walk:
1. Complete the National Conference registration form on page 24 and mark the box for Dream Walk.
2. Include a $25.00 early bird registration fee, per participant, to reserve your spot.
3. Mail your National Conference registration form with your check (made payable to ASPAN) or credit card information.
4. Once you have approached family, friends, and colleagues and collected your pledges, send them with the Sponsor Form to ASPAN’s National Office. Contributions will also be accepted at the event.

If you are unable to attend the Walk, but want to participate:
1. Recruit your sponsors.
2. Enclose your completed Sponsor Form along with the pledges you have collected.
3. Mail your Sponsor Form and contributions to the National Office by March 1, 2016.

Help support ASPAN by participating in the annual Dream Walk. This is a great way to support ASPAN, meet fellow members, and enjoy some exercise early Sunday morning. The 2016 Dream Walk features a 3.5-mile route that goes from the hotel to the iconic stairs of the Philadelphia Art Museum, and back.

Encourage family, friends, and colleagues to sponsor your efforts, and use the Sponsor Form (at right) to record their level of support. ASPAN components will again compete for the greatest number of registered participants and for total money raised. Additionally, the “Dream Walker” award will be given to the individual recruiting the most sponsor dollars.

The money raised from the event is used to fund the following ASPAN programs:

Scholarships
• to pursue advanced degrees
• to achieve certification
• to pursue educational opportunities
• to support leadership development
• to support humanitarian missions

Awards
• to recognize nursing achievements
• to reward individual accomplishments

Public Awareness and Education
• to provide public education campaigns
• to promote public recognition and awareness

Sunday, April 10, 2016

21st Annual Dream Walk
HELP US REACH OUR GOAL OF $100 MINIMUM PER PARTICIPANT!

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<th>Sponsorship</th>
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Name __________________________________________ Component _______________________________________________
Address _________________________________________________________________________________________________
City ______________________________________ State ________________________  Zip ________________________
Day Phone (    )______________________________________  Evening Phone (    ) ___________________________________
Email ___________________________________________________________________________________________________

And the winners are...

National Recognition of Top Fundraising Components

- The component raising the most money, and the component with the highest number of participants, will be recognized.
- The individual with the most money raised will be recognized.
- Plaques will be awarded during the ASPAN Development Celebration on Monday evening, April 11, 2016.
- Photocopy the sponsorship form for additional sponsors or other participants as needed.
## PERIANESTHESIA FUNDAMENTALS

**Maureen McLaughlin MS RN CPAN CAPA**

### Saturday, April 9, 2016

**Agenda**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Contact Hours</th>
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<tbody>
<tr>
<td>7:30 AM – 8:00 AM</td>
<td>Registration</td>
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<tr>
<td>8:00 AM – 8:30 AM</td>
<td>History of Anesthesia and Perianesthesia Nursing (0.5 IC)</td>
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<td>8:30 AM – 9:30 AM</td>
<td>General Anesthesia (1.0 DC)</td>
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<td>9:30 AM – 9:45 AM</td>
<td>Break</td>
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<td>Initial PACU Assessment (1.0 DC)</td>
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<tr>
<td>10:45 AM – 11:45 AM</td>
<td>Potential Complications Following General Anesthesia (1.0 DC)</td>
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<td>11:45 AM – 12:45 PM</td>
<td>Lunch on your own</td>
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<td>12:45 PM – 1:45 PM</td>
<td>Regional Anesthesia (1.0 DC)</td>
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<td>1:45 PM – 2:45 PM</td>
<td>Postoperative Complications (1.0 DC)</td>
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<td>Care of the Critically Ill Perianesthesia Patient (1.0 DC)</td>
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<td>Perianesthesia Standards (1.0 DC)</td>
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<td>5:15 PM – 5:45 PM</td>
<td>Professional Practice in Perianesthesia Nursing (0.5 IC)</td>
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<td>5:45 PM – 6:00 PM</td>
<td>Evaluations</td>
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**Total Contact Hours = 8.0**

**Description:** This preconference will provide both the novice and the experienced perianesthesia nurse with an in-depth review of anesthetic agents, anesthesia-related complications and a comprehensive discussion of required elements of perianesthesia nursing assessment and management of pre and post anesthesia patients. Basics of critical care nursing, such as ventilator management and vasopressor therapy, will also be included. The day will conclude with a discussion of perianesthesia nursing standards and perianesthesia professional nursing practice.

**Target Audience:** All perianesthesia nurses

**Outcome:** To enable the nurse to implement safe clinical care in order to improve patient outcomes

**Overall Program Objective:** Discuss essential topics for the perianesthesia nurse

## PERIANESTHESIA CERTIFICATION REVIEW

**Kim Kraft MSN RN CPAN CAPA**

### Sunday, April 10, 2016

**Agenda**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Contact Hours</th>
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<tr>
<td>7:30 AM – 8:00 AM</td>
<td>Registration</td>
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<tr>
<td>8:00 AM – 8:30 AM</td>
<td>Overview of the Perianesthesia Certification Exams (0.5 IC)</td>
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<tr>
<td>8:30 AM – 9:30 AM</td>
<td>Anesthetic Agents and Techniques (2.25 DC)</td>
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<td>9:30 AM – 9:45 AM</td>
<td>Break</td>
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<td>9:45 AM – 11:00 AM</td>
<td>Anesthetic Agents and Techniques (continued)</td>
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<td>11:00 AM – 12:30 PM</td>
<td>Special Populations (1.5 DC)</td>
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<td>12:30 PM – 1:30 PM</td>
<td>Lunch on your own</td>
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<tr>
<td>1:30 PM – 3:00 PM</td>
<td>ASPAN Standards 2015-2017 (1.5 DC)</td>
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<td>3:00 PM – 3:15 PM</td>
<td>Break</td>
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<tr>
<td>3:15 PM – 4:15 PM</td>
<td>Clinical Judgment in Perianesthesia Nursing (1.0 IC)</td>
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<tr>
<td>4:15 PM – 4:45 PM</td>
<td>Test-Taking Tips (0.5 IC)</td>
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<tr>
<td>4:45 PM – 4:55 PM</td>
<td>Evaluations</td>
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</table>

**Total Contact Hours = 7.25**

**Description:** Certification exams in one's specialty reflect the critical thinking and care given to the patient in all phases of anesthesia. This session will present key topics essential for preparing the perianesthesia nurse for taking the CPAN and CAPA certification examinations.

**Target Audience:** All perianesthesia nurses

**Outcome:** To enable the nurse to demonstrate knowledge and effective test-taking techniques in order to improve success on the perianesthesia certification exam

**Overall Program Objective:** Discuss key topics essential for preparation for both perianesthesia certification exams
PERIANESTHESIA ESSENTIALS III  
Nancy Strzyzewski MSN RN CPAN CAPA

Thursday, April 14, 2016

Description: This postconference will cover key clinical topics for peri-anesthesia nurses including Obstructive Sleep Apnea, Capnography, and Procedural Sedation. Patient care priorities, potential complications and essential ASPAN standards will be incorporated throughout the program.

Target Audience: All perianesthesia nurses

Outcome: To enable the nurse to implement safe patient care in order to improve patient care quality

Overall Program Objective: Discuss current topics essential for the perianesthesia nurse

Hotel Accommodations and Conference Location

The Philadelphia Marriott Downtown is the conference hotel for ASPAN’s 35th National Conference and it offers the perfect location for your visit to Philadelphia.

Making Your Hotel Reservation

A personalized Web site for the ASPAN National Conference occurring April 10–14, 2016 has been created for you. Making your room reservation is quick and easy by going online. Visit the ASPAN Web site at www.aspan.org and click on the reservation link on the ASPAN Conference page or visit https://resweb.passkey.com/go/ASPN2016.

You will need to provide a credit card for a one night room and tax guarantee. If for some reason you need to cancel your reservation, your deposit is fully refundable up to 48 hours prior to your check-in date.

In order to receive the special ASPAN room rate of $209.00 single/double per night, please make reservations by Tuesday, March 8, 2016. All rooms are subject to availability, so book early.

Philadelphia Marriott Downtown
1201 Market Street
Philadelphia, PA 19107
Phone: 215-625-2900
Reservations: 800-320-5744

Air Travel

Traveling to the conference by air? The Philadelphia International Airport (PHL) is conveniently located near downtown Philadelphia and serviced by all major air carriers.

Ground Transportation

Lady Liberty shuttle can take you to the Philadelphia Marriott Downtown. To view rates and information, visit www.ladylibertyshuttle.com or for other suggestions, visit the airport Web site at www.PHL.org.
General Information

Attire
Business attire is appropriate for the 35th National Conference in Philadelphia, PA, including all educational sessions, exhibits, breakfasts, and luncheons. Business attire is required for the President’s Reception on Wednesday, April 13th. Casual wear is appropriate for Component Night. April in Philadelphia brings an average high of 69 degrees and an average low of 44 degrees. ***Just as a reminder, the meeting rooms will be set at 68 degrees. Please dress in layers to ensure comfort.

Ticketed Seating
Seating for all educational sessions will be ticketed and is on a first come, first served basis. You are encouraged to register early for those sessions you wish to attend. You must present your tickets when you arrive at each event. No one without a ticket will be admitted. If you are late for a session, you may lose your seat. If you wish to attend the Closing Breakfast, Closing Ceremonies and the Closing Keynote Speaker you must register for the Closing Breakfast or you will not be admitted.

Volunteers Needed

Host/Hostess
If you wish to volunteer while at the National Conference, you may serve as a host/hostess. Contact Ursula Mellinger at 724-612-4846 or ursmellinger@gmail.com. You will be compensated for your work as a host/hostess.

Session Moderator
If you want to know more about becoming a moderator contact Cindy Hill at 806-787-2652 or cindy.hill@umchealthsystem.com.

Certification Information
Conference participants are encouraged to stop by the CPAN® and CAPA® Certification Booth, located in the Exhibit Hall. CPAN® and CAPA® ribbons and buttons are available here. Members of the Board of Directors and staff are available to answer all your questions about CPAN® and CAPA® certification, how to recertify, and becoming a Certification Coach! In addition, tips for marketing your certification to patients, families, and your employers are available. Learn about the Nursing Passion in Action program—a way to recognize certified nurses at the unit level. CPAN® and CAPA® certification-related products can also be purchased here.

Members of the ABPANC Board of Directors also offer sessions throughout the week about a myriad of certification topics, each building on why to become certified, what you need to know about the process for applying, how to study, dealing with the fear of failure, and finding a coach to support you during the certification journey. The certification lectures are often scheduled during lunch time and you are welcome to bring your lunch to the meeting room. Look for ABPANC sponsored sessions Sunday-Wednesday.

CPAN® and CAPA® certified nurses are invited to register for the annual Certification Celebration Luncheon, being held on Monday. Former CPAN® and CAPA® certified nurses who have retired may also register for the luncheon!

Parking at the Philadelphia Marriott Downtown
0-2 hours $20 + tax = $24.00 6-24 hours $40 + tax = $49.00
2-6 hours $25 + tax = $30.63
Oversized Overnight Vehicle (large trucks and SUVs) $54 + tax = $66.15
**Please note all parking fees are subject to change without notice. ASPAN is not responsible if prices or rules are changed.

Room Sharing

Will You Need a Roommate at National Conference?
Are you looking for a way to come to conference, but don’t have anyone with whom to share a hotel room? Not a problem! Simply submit your name to be included on the “Willingness to Share a Room” list. The room sharing list will be distributed to all those who have asked to be included. It will then be your responsibility to directly contact others on the list to coordinate room sharing arrangements and make your own hotel reservation.

The following information is required in order to be included on the list: Your full name, complete mailing address, email address, home and work telephone numbers, and fax number, if applicable. Please indicate how you would prefer to be contacted. Provide any information which will help you and a potential roommate determine compatibility. All information must be received no later than February 8, 2016. The list will be distributed in the middle of February.

Please mail or email your request to:
Kim Noble
508 Tennis Avenue
Ambler, PA 19002
Email: kanoble@mail.widener.edu

The hotel room reservation deadline at the Philadelphia Marriott Downtown is March 8, 2016. Reservations made beyond this date are based upon a space and rate availability basis only.

For Special Assistance

Contact: ASPAN
90 Frontage Road
Cherry Hill, NJ 08034-1424
877-737-9696
Fax 856-616-9601

Full Registration Includes:
Comprehensive syllabus, online access to session handouts, all main conference educational sessions, exhibit sessions, component night, president’s reception and closing breakfast.

Daily Registration Includes:
Comprehensive syllabus, online access to session handouts, educational sessions for that specific day, and all events for that day that do not require an additional fee.

Guest Registration Includes:
New this year you can purchase individual guest registrations for component night, president’s reception and closing breakfast.
Conference Registration Form

RENEW PERIANESTHESIA PASSION: INSPIRE EXCELLENCE

Registration Form – Complete Both Sides

PRINT OR TYPE. Use a separate form for each registrant. Duplicate as necessary. INCOMPLETE OR ILLEGIBLE forms WILL BE RETURNED.

Payment must accompany registration form.

Name ____________________________ ASPAN Member# ____________________________

First/Last/Title or credentials (Print name as you would like it to appear on your name tag. Character limit is 27 characters for your name and 27 characters for your credentials-including spaces.)

Preferred Email (required) ___________________________________________________________________________________

Hospital/Facility ___________________________________________________________________________________________

Hospital/Facility Address ____________________________________________________________________________________

City ____________________________ State ____________ Zip ____________ Country __________________

Home Mailing Address ______________________________________________________________________________________

City ____________________________ State ____________ Zip ____________ Country __________________

Telephone: Work (_______) _____________ Home (_______) __________________ Fax (_______) _________________

CANCELLATION POLICY: All requests for cancellation must be made in writing. All monies paid, with the exception of a 25% administrative fee, will be refunded provided the notice of cancellation is received two weeks prior to the start date of conference (March 17, 2016). No refunds will be provided less than two weeks prior to the start date of conference.

Attendance at ASPAN programs and events constitutes consent to be photographed for use in print and/or electronic publicity for ASPAN.

Web link to access the conference syllabus

Please see the email confirmation that was sent to the email address that we have on file for you. This confirmation letter will contain the link for the syllabus online.

COMPLETE BOTH SIDES OF FORM OR IT WILL BE RETURNED TO YOU WITHOUT PROCESSING.

IF FAXING REGISTRATION TO ASPAN, FAX BOTH SIDES OF FORM TO COMPLETE YOUR REGISTRATION.

CONCURRENT SESSION SELECTIONS

TICKETS WILL BE ISSUED FOR CONCURRENT SESSIONS.

To assist in scheduling rooms of appropriate size and having your tickets ahead of time, please indicate below the session you wish to attend for each concurrent session time selection. If your first choice is not available, you will be placed in your second choice. Based on the preferences of registrants, the most popular sessions will be assigned to the largest rooms. For session numbers, refer to the concurrent session grid on pages 12-13 or the session descriptions on pages 14-17. PLEASE USE SESSION NUMBERS. If your requested sessions are not available, you will be contacted by mail to choose an alternate session.

This is a preliminary brochure and speakers, sessions and events are subject to change.

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<td>Afternoon Sessions (Optional)</td>
<td></td>
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<tr>
<td>12:15 PM – 1:45 PM</td>
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<tr>
<td>ABPANC Sessions (Optional)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:00 PM – 2:00 PM</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Conference Registration Form

**FULL ASPAN CONFERENCE REGISTRATION**

(starts Sunday afternoon, April 10 and concludes at 11:00 am on Thursday, April 14)

*The Sunday Preconference offering isn't included in the full conference registration.*

**Fee is included in Thursday daily fee.**

**POSTCONFERENCE OFFERING**

Thursday, April 14

**Non-Member**

- **A** $400.00
- **B** $600.00
- **C** $200.00
- **D** $100.00

**Student**

- **E** $200.00
- **F** $100.00
- **G** $50.00

**Group Discount**

Four or more registrations received in the same envelope, each receive a $10 discount. All forms and checks must be mailed in the same envelope.

*Non-Member Option. Take advantage of savings to ASPAN Members. Remit membership application on pages 25-26 along with ASPAN member registration fee and form. (Must be two separate checks for Conference and Membership)*

**Regular:**

**Postmarked after 3/1/16**

- **AA** $535.00
- **BB** $735.00
- **CC** $300.00
- **DD** $200.00

**Early Bird:**

- **BA** $435.00
- **BB** $635.00
- **CA** $335.00

**Individual**

- **EE** $160.00

- **FF** $305.00

- **GG** $50.00

- **HH** $70.00

- **II** $75.00

- **JJ** $80.00

- **KK** $90.00

- **LL** $165.00

- **MM** $185.00

- **NN** $210.00

- **OO** $225.00

- **PP** $245.00

- **QQ** $265.00

- **RR** $305.00

- **SS** $325.00

- **TT** $345.00

- **UU** $365.00

- **VV** $385.00

- **WW** $405.00

- **XX** $425.00

- **YY** $445.00

- **ZZ** $465.00

**Total $ __________________**

---

**DAILY REGISTRATION**

Indicate days: ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday

**ASPN Member**

- **A** $175.00/day
- **B** $250.00/day

**Non-Member**

- **C** $200.00/day
- **D** $100.00/day

**Postmarked before 3/1/16**

- **EE** $230.00/day
- **FF** $305.00/day

**ASPN Member not attending conference**

- **PP** $95.00

**Non-Member not attending conference**

- **QQ** $100.00

**Early Bird:**

- **AA** $400.00
- **BB** $600.00
- **CC** $200.00
- **DD** $100.00

**Group Discount**

Four or more registrations received in the same envelope, each receive a $10 discount. All forms and checks must be mailed in the same envelope.

---

**GUEST REGISTRATION**

(Must be attending with a full conference registrant and no admittance to scientific sessions or contact hours awarded)

** presidents reception**

Wednesday, April 13

- **A** $175.00
- **B** $250.00
- **C** $300.00

**Closing Breakfast**

Thursday, April 14

- **D** $100.00
- **E** $200.00
- **F** $300.00

---

**PRECONFERENCE OFFERINGS**

(Additional charge not included in full conference registration)

**Saturday, April 9**

- **G** $60.00
- **H** $70.00
- **I** $60.00

**Sunday, April 10**

- **J** $175.00
- **K** $600.00
- **L** $175.00
- **M** $250.00

**Postmarked before 3/1/16**

- **N** $25.00 (donation to Development)
- **O** $60.00
- **P** $60.00

**Regular:**

- **Q** $165.00
- **R** $225.00
- **S** $325.00

**Monday First Timers Orientation**

- **T** $95.00/day

**Student**

- **U** $95.00/day
- **V** $100.00/day
- **W** $135.00/day

**Developement celebration**

Monday, April 11

- **A** $300.00
- **B** $600.00
- **C** $125.00

**CPAN®/CAPA® Luncheon**

Monday, April 11

- **D** $55.00

**Early Bird:**

- **E** $55.00
- **F** $65.00
- **G** $75.00

**Group Discount**

- **H** $25.00 (donation to Development)
- **I** $60.00
- **J** $70.00

**Aspang Dream Walk**

Sunday, April 10

- **K** $230.00
- **L** $230.00
- **M** $305.00

**Early Bird:**

- **N** $25.00 (donation to Development)
- **O** $60.00
- **P** $60.00

**Development Celebration**

Monday, April 11

- **Q** $95.00
- **R** $100.00
- **S** $125.00

**Closing Breakfast**

Thursday, April 14

- **T** $60.00
- **U** $70.00
- **V** $75.00

---

**POSTCONFERENCE OFFERING**

Thursday, April 14

**Non-Member**

- **W** $135.00/day
- **X** $200.00/day
- **Y** $305.00/day

**Student**

- **Z** $95.00/day
- **AA** $175.00/day
- **BB** $250.00/day

**Regular:**

- **CC** $400.00
- **DD** $535.00
- **EE** $735.00

**Early Bird:**

- **FF** $175.00/day
- **GG** $250.00/day
- **HH** $325.00/day

**Group Discount**

- **II** $100.00/day
- **JJ** $150.00/day
- **KK** $200.00/day

**Total $ __________________**

---

Registration cannot be processed without payment.

My check, drawn on a U.S. bank in U.S. funds, made payable to ASPAN, is enclosed for the total amount listed OR charge the total amount listed to my:

☑ MasterCard ☑ Visa ☑ American Express

Card # __________________ Exp. Date __________________

Authorized Signature: ____________________________

Federal Tax ID#06-1024058
ASPAN Membership Application

Please print legibly and provide all information requested.

Step 1 – Complete general information

Name: ____________________________________________________________________________________________________________________________

Home Mailing Address: _______________________________________________________________________________________________________________

City: _______________________________________________________________State: ______________________Zip Code: ____________________________

*Home Email: _______________________________________________________ Date of Birth:__________________________________________  (mm/dd/yy)

Home Phone: ( __________ )____________________________________Cell Phone ( __________ ) ________________________________________________

Employer: (required) _________________________________________________________________________________________________________________

Employer Address: ___________________________________________________________________________________________________________________

City: _______________________________________________________________State: ______________________Zip Code: ____________________________

*Work Email: _______________________________________________Work Phone: ( __________ ) ________________________________________________

*At least one email address is required

Please check your contact preferences in each category:

1) Email: □ Home Email  □ Work Email
2) Phone: □ Home Phone  □ Work Phone  □ Cell Phone
3) Mail: □ Home Address  □ Work Address

*Email addresses are not sold or used for other than ASPAN business/updates. As a benefit of membership, ASPAN will occasionally provide information on products or services we feel would be useful to our members. Please check here if you do not wish to receive such email notices: □

Federal Tax ID #: 06-1024058

GENERAL INFORMATION

1. How did you hear about ASPAN?
 □ Colleague
 □ Seminar
 □ Internet
 □ JoPAN
 □ Other _________________________

2. Were you recruited by an ASPAN Member? *
 □ Yes  □ No

If yes, please provide:

Member Name

Member Number (if known)

*Remember – ASPAN has a Recruiter of the Year Award.

Step 2 – Select Membership Type, Component and SPG (if desired)

There are five categories of membership. Membership is for 12 months, starting from date of activation.

- $80.00 ACTIVE MEMBERS shall be those involved, at least part-time, in the care of ambulatory surgery, preanesthesia or postanesthesia, or pain management patients, or in the management, teaching, or research of the same. Active members have the right to hold office, and serve on committees/SWTs. ACTIVE MEMBERS MUST JOIN A LOCAL COMPONENT.

- $130.00 AFFILIATE MEMBERS shall be any healthcare professional, not currently working in perianesthesia nursing, who has an interest in perianesthesia patient care. Affiliate members shall receive all publications and notices but shall not vote, be eligible to hold office, or serve on committees/SWTs. Affiliate members are not required to join a Component.

- $105.00 INTERNATIONAL MEMBERS shall be any duly licensed healthcare professionals who have an interest in perianesthesia patient care and reside outside of the United States and Bermuda. International members shall receive all publications and notices but shall not vote, be eligible to hold office, or serve on committees/SWTs.

- $60.00 RETIRED MEMBERS shall be those nurses who have ceased their active practice in the perianesthesia care setting by reason of retirement or permanent disability. They may serve on committees/SWTs. RETIRED MEMBERS MUST JOIN A LOCAL COMPONENT.

- $60.00 STUDENT MEMBERS shall be those enrolled in a school of nursing and not currently licensed as nurses. Student members shall receive all publications and notices but shall not vote, be eligible to hold office, or serve on committees/SWTs. STUDENT MEMBERS MUST JOIN A LOCAL COMPONENT and PROVIDE NAME OF NURSING SCHOOL AND COPY OF STUDENT ID.

$ ______________________

Membership Dues Total
**SELECT COMPONENT**

A component is the organization for your state or group of states. Component membership is **MANDATORY** for all but Affiliate and International categories. You may choose to belong to more than one component. Please check all component(s) you want to join.

<table>
<thead>
<tr>
<th>Component</th>
<th>Membership Fee</th>
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<tbody>
<tr>
<td>Alabama (ALAPAN)</td>
<td>$25.00</td>
</tr>
<tr>
<td>Arizona (AzPANA)</td>
<td>$35.00</td>
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<tr>
<td>Arkansas (PACNA)</td>
<td>$20.00</td>
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<tr>
<td>California (PANAC)</td>
<td>$30.00</td>
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<tr>
<td>Chesapeake Bay (CBSPAN)</td>
<td>$30.00</td>
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<tr>
<td>Connecticut (CSPAN)</td>
<td>$35.00</td>
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<tr>
<td>Florida (FLASPAN)</td>
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<tr>
<td>Georgia (GAPAN)</td>
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<tr>
<td>Hawaii (HIPAN)</td>
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<tr>
<td>Illinois (ILSPAN)</td>
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<tr>
<td>Indiana (INSPAN)</td>
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<tr>
<td>Iowa (ISPAN)</td>
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<tr>
<td>Kentucky (KSPAN)</td>
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<td>Louisiana (LAPAN)</td>
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<tr>
<td>Maine (MESPAN)</td>
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<td>Massachusetts (MASPAN)</td>
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<td>Michigan (MAPAN)</td>
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<tr>
<td>Minnesota/Dakota (MNDAKSPAN)</td>
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<td>Mississippi (MSPAN)</td>
<td>$30.00</td>
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<tr>
<td>Missouri/Kansas (MO-KAN PANA)</td>
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<tr>
<td>Mississippi (NJBSPAN)</td>
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<tr>
<td>New Jersey/Bermuda (NJBPANA)</td>
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<td>New Mexico (PANAM)</td>
<td>$35.00</td>
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<tr>
<td>New York (NYSPANA)</td>
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<tr>
<td>North Carolina (NCAPAN)</td>
<td>$30.00</td>
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<tr>
<td>Northwest (NPANA) (Includes AK, ID, MT, OR, WA)</td>
<td>$35.00</td>
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<tr>
<td>Ohio (OPANA)</td>
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<tr>
<td>Oklahoma (OSPAN)</td>
<td>$25.00</td>
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<tr>
<td>Pennsylvania (PAPAN)</td>
<td>$25.00</td>
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<tr>
<td>Rhode Island (RIAPAN)</td>
<td>$25.00</td>
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<tr>
<td>Rocky Mountain (RMPANA)</td>
<td>$30.00</td>
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<tr>
<td>South Carolina (SCAPAN)</td>
<td>$25.00</td>
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<tr>
<td>Tennessee (TSPAN)</td>
<td>$30.00</td>
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<td>Texas (TAPAN)</td>
<td>$40.00</td>
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<tr>
<td>Utah (USPAN)</td>
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<tr>
<td>Vermont/New Hamp. (VT/NHAPAN)</td>
<td>$35.00</td>
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<tr>
<td>Virginia (VSPAN)</td>
<td>$40.00</td>
</tr>
<tr>
<td>West Virginia (WVSPAN)</td>
<td>$25.00</td>
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<tr>
<td>Wisconsin (WISPAN)</td>
<td>$35.00</td>
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</table>

**Component Dues Total**: $____________________

Select Specialty Practice Groups (SPG).

**MEMBERSHIP IN A SPG IS OPTIONAL.**

- Advanced Degree (must be Master’s prepared or in Master’s program to join)
- Geriatric
- Informatics
- Management
- Pain Management
- Pediatric
- Perianesthesia Nurse Educator
- Preoperative Assessment
- Publications

The purpose of ASPAN’s Specialty Practice Groups (SPG) is to bring together sub-specialty nurses who share a special practice in perianesthesia nursing. SPGs are member-driven and offer a variety of networking and educational opportunities, serve as a resource on practice and professional issues, and facilitate research within the organization.

SPGs are $15.00 each per year.

**OPTIONAL SPG TOTAL**: $______________

(if more than one SPG selected, please total all)

---

**Step 3 – Provide payment information**

**Membership, Component And SPG Dues**: $________________________

**TOTAL DUES PAYMENT**

*Dues include a non-deductible allocation of $26.00 for JoPAN.*

Check Enclosed. Check #: ______________

Make checks payable to ASPAN.

(Checks must be drawn on a U.S. bank in U.S. funds.)

Please charge my:

- MasterCard
- Visa
- American Express

Name as Appears on Card: ____________________________

Card # ____________________________ Exp. Date ____________

(Not valid without exp. date)

Authorized Signature: _______________________________________________

**REQUIRED DATE**

---

American Society of PeriAnesthesia Nurses
90 Frontage Road, Cherry Hill, NJ 08034-1424
Phone: 877.737.9696 • Fax: 856.616.9601
www.aspan.org • aspan@aspan.org
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Nurse Liaison for Education, Research and Clinical Practice

Conference Information

Conference Questions
877-737-9696 X217
856-616-9600 X217

Conference Registration Fax
856-616-9601

Conference Hotel and Location
Philadelphia Marriott Downtown
1201 Market Street
Philadelphia, PA 19107
Reservations: (800) 320-5744
Main Line: (215) 625-2900
Fax: (215) 625-6000
www.marriott.com/PHLDT

2016 REGISTRATION BROCHURE 27
Future Meetings

APRIL 30 – MAY 3, 2017
INDIANAPOLIS, IN

APRIL 29 – MAY 3, 2018
ANAHEIM, CA

MAY 5 – 9, 2019
NASHVILLE, TN