

NAVIGATING THE TRANSGENDER SURGERY PROCESS

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OFFICE

Front Office Staff

EHR

Interview

Physical Exam

Assessment

Plan

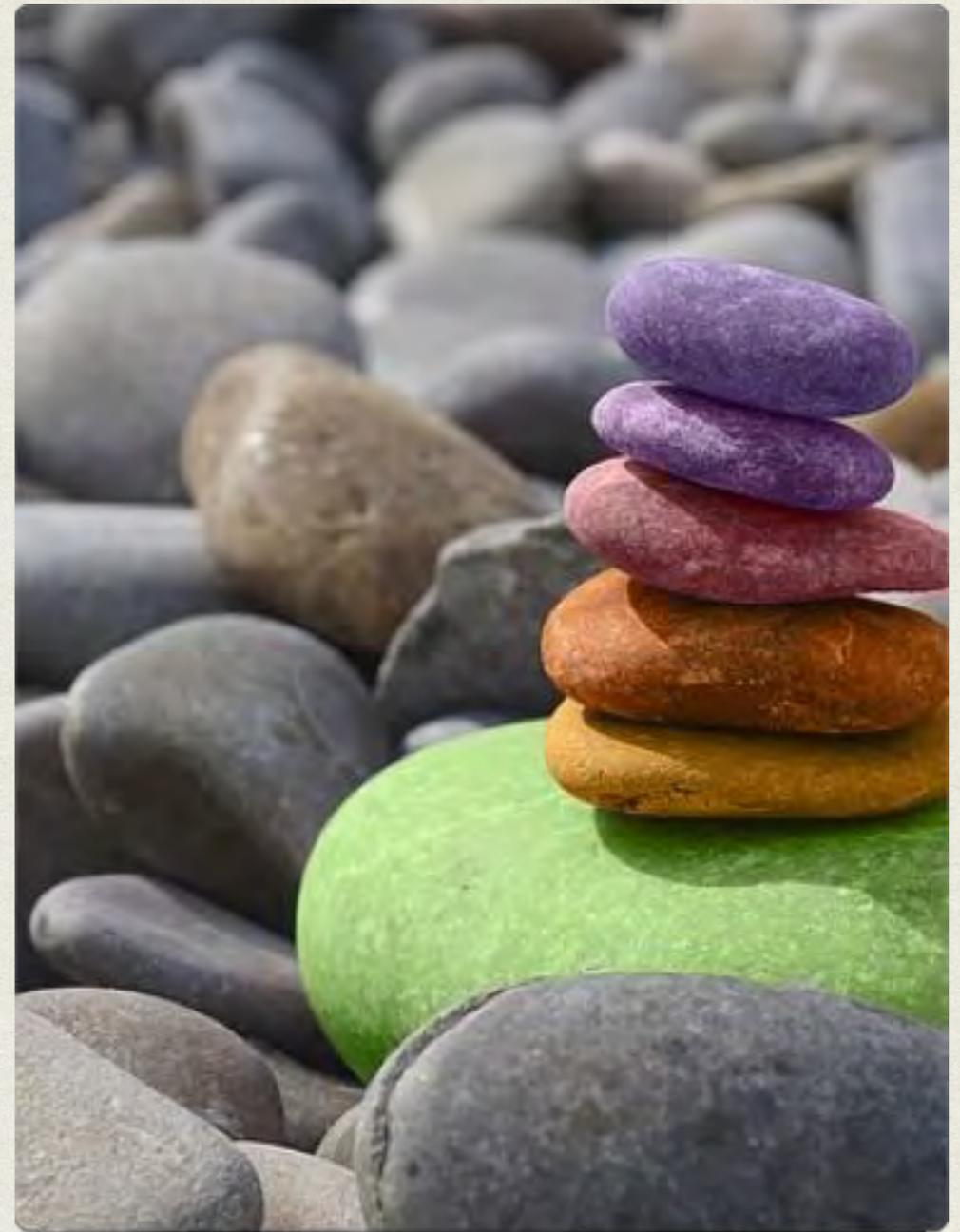


A WELCOMING OFFICE

- Gender neutral bathroom
- Reception with inclusive pamphlets
- Sign acknowledging LGBTQ non-discrimination
- Gender identity process
- EHR/EMR

INTERVIEW

- Ask preferred name and pronouns
- Begin history while clothed
- Chief Complaint
- Inquire about transition
- Inquire about sexual partners
- Ask about former trauma/abuse



FTM PHYSICAL EXAM

- Annual Exam
 - Mammogram risk assessment
 - Pap every 3 years, HPV screening, Gardasil
 - Pelvic based on anatomy and hormones
 - Sexually Transmitted Infections, Prep
 - Routine cardiac assessment
 - Fertility, Family planning, support

PELVIC EXAM FTM

- Anatomy terms per patient
- Build trust
- Minimally intrusive but thorough
- Prepare with anxiolytic medication
- Pre-treat with estrogen if on testosterone

MTF MEDICAL NEEDS

- Prostate screening
- Testicular cancer screening
- STI screening/prevention
- Breast cancer risk due to hormones
- Cardiac risk
- Fertility, Support
- Assess for abuse, trauma

GENDER AFFIRMATIONS STEPS

- External Changes - Clothing, Hair style
- Mental Health Evaluation
- Gender-affirming hormones
 - Estrogen and anti-testosterones
 - Testosterone

SPECIAL CONSIDERATIONS

- Binding
 - restricted breathing, skin irritation, fungal infections
- Packing
- Tucking
 - Skin irritation, urinary tract injuries, infection

PREOPERATIVE CONSIDERATIONS

- Medications
- Privacy
- Confirm support person(s) role
 - HIPPA
 - Partner, Spouse,
 - Parents, friends

GENDER AFFIRMING SURGERY

- Feminizing vaginoplasty
- Facial feminization procedures
- Reduction thyrochondroplasty (tracheal cartilage shave)
- Voice surgery
- Augmentation mammoplasty
- Orchiectomy

GENDER AFFIRMING SURGERY

- Masculinizing chest surgery (“top surgery”)
- Masculinizing phalloplasty/scrotoplasty
- Metaoidoplasty (clitoral release/enlargement, may include urethral lengthening)
- Hysterectomy/oophorectomy
- Vaginectomy

POSTOPERATIVE CARE

- Gender affirming language
- Privacy
- Assess for surgery specific complications
- Expect emotional response to major surgery

POSTOPERATIVE ISSUES CHEST SURGERY

- Incisional and skinflap complications
- Hematoma/seroma
- Infection
- Nipple-Areola Complex
- Contour Irregularities

POSTOPERATIVE COMPLICATIONS OF MAMMOPLASTY

- Risk of thromboembolism increased due to estrogen
- Hematoma/seroma
- Infection
- Incisional complications
- Implant rupture/malposition/contracture
- Inadequate size, aesthetic deformities